# Raw findings from Restoration Survey



1790 Completed Responses

0 Partial Responses



## Published as:

Foreskin Restorers: Insights into Motivations, Successes, Challenges and Experiences with Medical and Mental Health Professionals.

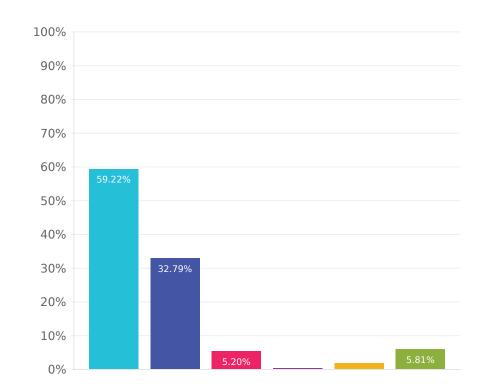
Hammond T, Sardi LM, Jellison WA, McAllister R, Snyder B, Fahmy MAB. International Journal of Impotence Research. 2023 May;35(3):309-322. doi: 10.1038/s41443-023-00686-5.

#### **SURVEY AWARENESS**

Q1

# How did you learn of this survey? [check all that apply]

- Email invitation from product manufacturer
- Foreskin restoration website, forum or blog
- Genital Autonomy/Int activist website, forum or blog
- Medical or mental health professional
- Referred by friends or family
- Other (Please specify; limit 100 characters)



Choices	Response percent	Response count
Email invitation from product manufacturer	59.22%	1060
Foreskin restoration website, forum or blog	32.79%	587
Genital Autonomy/Intactivist website, forum or blog	5.20%	93
Medical or mental health professional	0.22%	4
Referred by friends or family	1.73%	31
Other (Please specify; limit 100 characters)	5.81%	104

Other (Please specify; limit 100 characters)

- 1. Personal invitation from Ron Lowe because I'm a TLC customer
- 2. Penis enlargement forum
- 3. Zg9e9
- 4.
- 5.
- 6. Over a decade ago on the internet, no idea where! Sorry.
- 7. My two friends helped me find skin expansion for burn victims, and it worked for foreskin restoration.
- 8. Online search
- 9. 5ud65
- 10. Internet Search
- 11. RU8D4
- 12. TOC Tugger
- 13. 5R6MD
- 14.
- 15. U23TK
- 16.
- 17. Pride event indy
- 18. Google search
- 19. Friend
- 20. I am on some lists from prior restoration efforts, and I received an email with direct link.
- 21. don't recall. I think it was in a news article a long time ago.
- 22. Telegram
- 23.
- 24. Fellow foreskin restorer Twitter account
- 25. Twitter user

- 26. Twitter
- 27. From a support group for circumcised men in England. It was a long time ago, before we all had internet. The English group was NORM UK, now called 15 Square.
- 28. twitter
- 29.
- 30. Mewe.com
- 31. Ron Low (TLCTugger) appeared on Sick And Wrong podcast (2008)
- 32. F2U43
- 33. Ron Low TLC
- 34. tv program
- 35. I saw it shared on Twitter by a foreskin restoration page
- 36, 62647
- 37. Foreskin restoration Discord Server
- 38. Reddit
- 39. /r/ForeskinRestoration subreddit
- 40. Reddit
- 41. Article in a french magazine in the end of the eighties
- 42. I saw a post about it on Twitter.
- 43. Link in twitter
- 44. MeWe group
- 45. Post on Twitter
- 46. FB intactivist post
- 47. Twitter
- 48. Twitter
- 49. Foreskin\_restoration subreddit (direct link: "https://www.reddit.com/r/foreskin\_restoration/comments/o9z3ey/active\_survey\_on\_restoring/")
- 50. Facebook
- 51. Email from Tim Hammond
- 52. https://www.facebook.com/childrightsnurses.org/posts/4333798750003731? notif\_id=1625126470382155&notif\_t=page\_followed\_contents\_awareness&ref=notif
- 53. 3RG14
- 54. Facebook post
- 55. Intact Australia Facebook page
- 56. "Jews Against Circumcision" Facebook Group
- 57. YouTube
- 58. looking at psychology of circumcision
- 59. Reddit
- 60. Reddit
- 61. reddit
- 62. Reddit forum on foreskin restoration
- 63. Reddit
- 64. reddit
- 65. Foreskin Restoration subreddit

- 66. Referral off of BateWorld website restoration group
- 67. Discord
- 68. Facebook group
- 69. Reddit
- 70. Foreskin restoration chat room
- 71. Reddit post
- 72. Radio program with Dr Edell
- 73. Facebook
- 74. 15 Square
- 75. Reddit foreskin restoration subreddit
- 76. Reddit
- 77. Reddit
- 78. Facebook post
- 79. Part of Google search result
- 80. NORM Meeting, thanks for your presentation.
- 81. Email from activist, researcher
- 82. 15 Square member
- 83. American Circumcision Documentary
- 84. 23877
- 85. Just serching for answers
- 86. Search on legality of circumcision
- 87. Doctors Opposing Circumcision website
- 88. memebr post on Bateworld.com
- 89. NORM
- 90. On this site
- 91. National Organization of Restoring Men
- 92. EN8TI
- 93. Was searching for others like me online
- 94. Facebook
- 95. r/foreskin\_restoration
- 96. dtr website
- 97. web search
- 98.
- 99. Ron Low from TLCTugger.com
- 100. Email from Tim

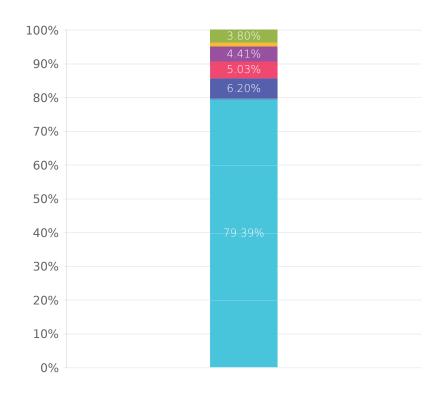
#### **CIRCUMCISION HISTORY**

Q2

Age at Circumcision: [select one]

If circumcised more than once, or have had additional surgeries, please select the age range of the FIRST circumcision.

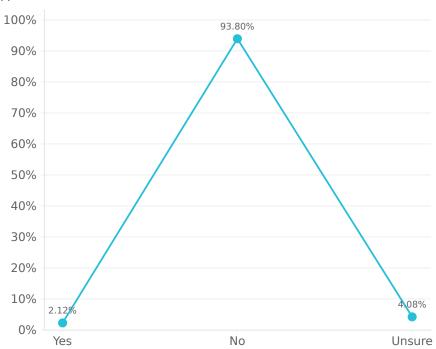
- Within first month of life
- Between one month and one year
- Year 1-5
- Year 6-12
- Year 13-18
- Year 18 or later



Choices	Response percent	Response count
Within first month of life	79.39%	1421
Between one month and one year	6.20%	111
Year 1-5	5.03%	90
Year 6-12	4.41%	79
Year 13-18	1.17%	21
Year 18 or later	3.80%	68

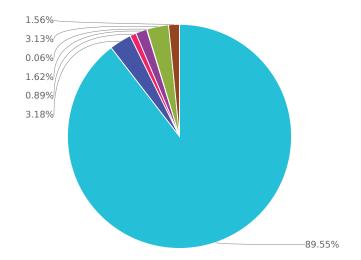
Q3

# Were you circumcised more than once?



# Setting of initial circumcision: [select one]

- Non-religious procedure at a hospital/medi cal office
- Religious ritual at a hospital/medi cal office
- Religious ritual at a place of worship or other venue
- Religious ritual at home or family member's home
- Tribal Initiation
- Unknown
- Other (Please specify; 100 character limit)



Choices	Response percent	Response count
Non-religious procedure at a hospital/medical office	89.55%	1603
Religious ritual at a hospital/medical office	3.18%	57
Religious ritual at a place of worship or other venue	0.89%	16
Religious ritual at home or family member's home	1.62%	29
Tribal Initiation	0.06%	1
Unknown	3.13%	56
Other (Please specify; 100 character limit)	1.56%	28

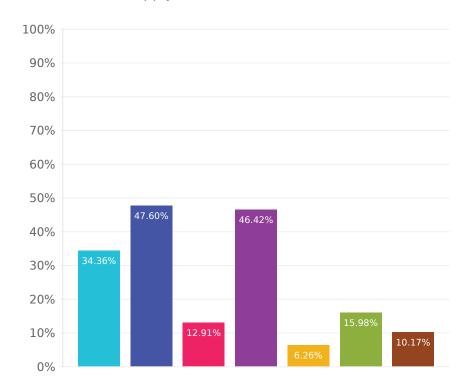
- 1. Thankfully I'm not circumcised
- 2. A doc studied 12yrs in College just to cut my penis at birth for no reason
- 3. Voluntary as an adult -age 21
- 4. Unsure, likely at birth. Unsure of relation to religion.
- 5.
- 6. Home, non-religious
- 7. Non-religious procedure at home
- 8. at home not Religious
- 9. Cultural ritual at home
- 10. I was born with Aposthia.
- 11. I was told i had too much foreskin on one side of my penis, the decision was made for me to be circumcised
- 12. I was 23 and didn't like having a foreskin at the time. Mistake.
- 13. wasn't circumcised
- 14. wanted to be cut
- 15. Prépuce court, pas de circoncision
- 16. procedure at a hospital/medical office but unknown setting
- 17. In hospital, day of birth; 'it's in the Bible' and 'we prayed about it' being among my parents' apologies.
- 18. Just because it was common as is misinformation about being uncircumcised.
- 19. at Baptist Hospital, suspect non-religious
- 20. talked into after broken frenulum, gave wrong phimosis diagnosis on purpose
- 21. By a mohel at home (but we are not Jewish and only my parents were there)
- 22. Offically non-religious, but at Catholic hospital
- 23. Phimosis

- 24. Nonreligious- at home, family gp
- 25. "Recommended by Dr."
- 26. Lors d'une séance SM
- 27. erreur du chirurgien
- 28. Performed at Watauga Medical Center in Boone, NC by Dr. Freeman.

Q5

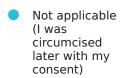
# The reason(s) I was circumcised: [select all that apply]

- Family tradition
- Social conformity
- Religious tradition
- Presumed medical benefits
- Documented medical problem
- Unknown
- Other (Please specify; 100 character limit)

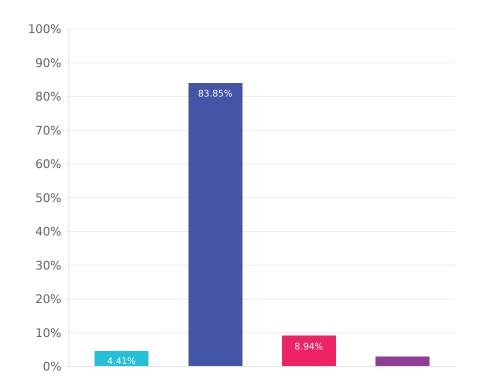


If you were circumcised as a child without your consent, did you ever (or do you now) experience resentment over your lack of choice?





- Yes
- No
- Unsure

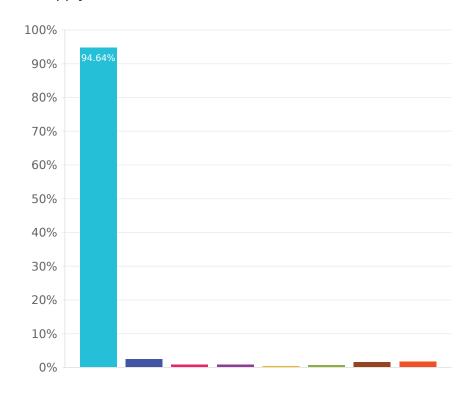


Choices	Response percent	Response count
Not applicable (I was circumcised later with my consent)	4.41%	79
Yes	83.85%	1501
No	8.94%	160
Unsure	2.79%	50

If you were circumcised later in life by your own choice or consent, did you do so as a result of outside pressure? [select all that apply]



- Not Applicable (I was circumcised without my consent)
- I experienced no outside pressure
- Family
- Friends
- Partner
- Religion
- Society
- Other (Please specify; 100 character limit)



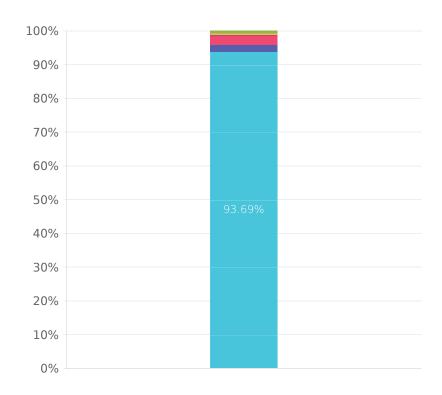
Choices	Response percent	Response count
Not Applicable (I was circumcised without my consent)	94.64%	1694
I experienced no outside pressure	2.35%	42
Family	0.61%	11
Friends	0.61%	11
Partner	0.28%	5
Religion	0.45%	8
Society	1.40%	25
Other (Please specify; 100 character limit)	1.56%	28

- 1. Practically everyone around was circumsized but me an immigrant in the U.S. At age 13 felt an outsider.
- 2. Not applicable
- 3. N/A
- 4. circumcision revision due to adhesions
- 5. DOES NOT APPLY
- 6. not applicable
- 7. Skin specialist thought it was warts it wasn't it was water bilsters
- 8. appointment to be electively recircumcised
- 9. Easier to wear to wear condoms and removed occasional UTI issues.
- 10. embarrassment
- 11. I was circumcised in childhood because of a mild case of 'phimosis' which may have been completely natural at that age. Regardless, it can be treated with methods other than circumcision.
- 12. Children don't have the right to consent. Parents always.
- 13. to neaten my 1st circ'.
- 14. I was born with Aposthia
- 15. Physician
- 16. I was in a minority of about 20% of males and wanted to conform I guess.
- 17. Doctor pressure
- 18. same as above
- 19. Phimosis Shamed
- 20. The urologist suggested it without presenting alternatives.
- 21. Doctor recommended it without trying any other treatments even though problem was mild
- 22. doctor
- 23. Doctor
- 24. Doctors strong advice although I strongly feel that she was a very pro circumcision advocate
- 25. Physician
- 26. Mental stigma from social pressures
- 27. I was self conscious that my foreskin wouldn't retract. What i needed was education, not surgery.
- 28. If given the choice I would have never ever chosen to have my genitals unnecessarily mutilated.

If circumcised by your own choice or consent, did you ever (or do you now) experience any regret over that decision?



- Not applicable (I was circumcised without my consent)
- I regretted it then and I still regret it now
- I did not regret it then but I do regret it now
- I regretted it then but I no longer regret it
- I did not regret it then and I don't regret it now
- Unsure of my feelings

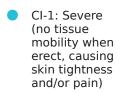


Choices	Response percent	Response count
Not applicable (I was circumcised without my consent)	93.69%	1677
I regretted it then and I still regret it now	2.12%	38
I did not regret it then but I do regret it now	2.68%	48
I regretted it then but I no longer regret it	0.17%	3
I did not regret it then and I don't regret it now	0.50%	9
Unsure of my feelings	0.84%	15

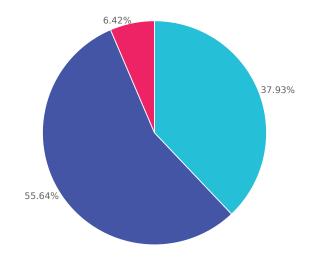
How would you describe your circumcision? [select one]

For visual assistance, please refer to the Coverage Index (CI) at this LINK.

Important Advisory: After you answer this question, the next page contains a question with graphic images from which to select your responses.



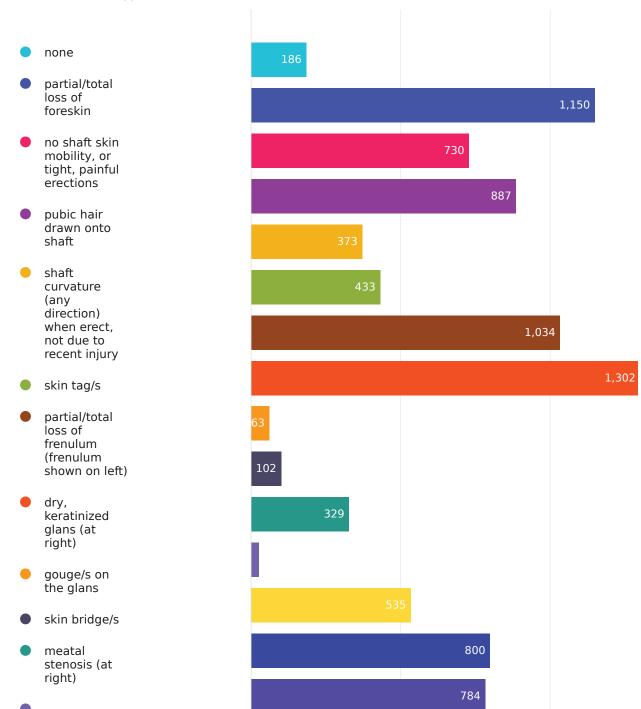
- CI-2, CI-3: Moderate (enough loose tissue when erect to only glide over the shaft but not the glans/head)
- CI-4: Minimal (enough loose tissue when erect to partially or completely pull over glans/head)



## RESTORATION MOTIVATIONS, GOALS and RESULTS

Q10

Before starting restoration, were you aware of any PHYSICAL damage that you attribute to circumcision that motivated you to restore? [select all that apply]





- scarring (uneven)
- scarring (prominent)
- skin tone variance
- scrotal webbing
- other (describe briefly in comment box below)

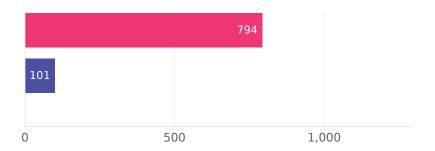


Image choice	9	Response percent	Response count
None	none	10.39%	186
	partial/total loss of foreskin	64.25%	1150
4	no shaft skin mobility, or tight, painful erections	40.78%	730
1	pubic hair drawn onto shaft	49.55%	887
	shaft curvature (any direction) when erect, not due to recent injury	20.84%	373
	skin tag/s	24.19%	433
	partial/total loss of frenulum (frenulum shown on left)	57.77%	1034
	dry, keratinized glans (at right)	72.74%	1302
	gouge/s on the glans	3.52%	63
	skin bridge/s	5.70%	102
	meatal stenosis (at right)	18.38%	329
0	device injury to glans	1.51%	27
Unem Scar	scarring (uneven)	29.89%	535
	scarring (prominent)	44.69%	800
	skin tone variance	43.80%	784
The state of the s	scrotal webbing	44.36%	794
• • •	other (describe briefly in comment box below)	5.64%	101

#### Comment for Other (100 character limit)

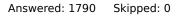
- 1. They took all the outer skin off the ventral surface leading to pretty severe webbing. Severe ingrown hairs leading to skin scarring.
- 2. there was a small bit left underneath that my father would hit me for playing with
- 3. Irritation and stretching of the meatus, due to friction against briefs
- 4. I have sensitive skin, and since I was a child I would experience discomfort from my glans rubbing on underwear. Confirmed by my restoration process, it makes me wish even more that I was not circumcised at birth.
- 5. Not applicable
- 6. premature ejaculation?
- 7. Uneven cut from top to bottom, ie more leftover skin on the top side as opposed to testicle side.
- 8. Hole through frenulum from stitching
- 9. Just to be clear I answered question 9 in line with 10: as I was before restoring.
- 10. Checking nearly every box makes me want to fucking cry nvm im actually crying now
- 11. At 21 y.o. I needed surgery, a urethral meatotomy, to mitigate the stenosis, which had caused a lifelong problem with UTIs.
- 12. Desensitized glans, esthetics
- 13. 10 large vertical scars (like large stitching)
- 14. Autism/Asperger's Syndrome (I was diagnosed at maybe ten years of age) https://sciencenordic.com/autism-circumcision-culture/study-links-autism-with-circumcision/1412842
- 15. Small Area on underside of shaft is numb near scar line
- 16. My circumcision was a total mess and cause multiple issues both growing up and into adulthood
- 17. Extreme pain with every erection
- 18. Difficulty in reaching orgasm. Partners complaining of duration/chaffing.
- 19. If I'm reading this question correct, I'm only checking the things I personally, have experienced on my self only.
- 20. Blackhead pockets around area of circumcision
- 21. My glans is sensitive and it is painful when it runs against clothing.
- 22. Nicks/pock marks in the dorsal skin near the head
- 23. Occasional skin tearing between shaft and scrotum during erections, and the feeling of my skin being too small, like over inflating a balloon.
- 24. As I got older and learned more about other cultures, I resented the fact that I had lost my original (God-given) normal functions. This has caused in my opinion, loss of normal intercourse.
- 25. Insufficient skin causing scrotum to be held higher up (ex. erection "borrowing" scrotal skin)
- 26. Discomfort with chafing when wearing rough boxers or swim trunks.
- 27. Testicles were being as close to drawn back into body by lack of skin to accommodate erection
- 28. Also suffered from chronic meatitis (misdiagnosed as prostatitis) and incontinence, from age 35 to 56, when I started restoration.
- 29. Chafing/soreness around corona edge.
- 30. Decreased sensation with age
- 31. Instrument damage to glans much in likeness to the appearance of birth marks in multiple spots
- 32. Herniated Disk & degenerative disk disease

- 33. Phantom pain at the scar site (random throbbing)
- 34. left side of corona is partially gone
- 35. Before I really looked into restoring I had no idea that my penis shouldn't have the symptoms as selected. It's not something that people really discuss.
- 36. Uneven foreskin remnant -- more skin on left side than right side and more skin on ventral side (underneath) versus dorsal side (top)
- 37. Hollowing deformity of glans due to being pulled back by taut skin onto core of erect penis. Glans as hard and rigid as the erect shaft.
- 38. Hypospadias
- 39. Significant, distracting sensitivity while chafing against underwear when walking/running.
- 40. Decreased pleasure/intensity with erections.
- 41. At the barbaric Jewish ritual of my circumcision, the cut removed the dorsal side of the foreskin leaving the ventral side intact.
- 42. Pain and bleeding during sex and testicles being pushed into groin abdomen area
- 43. Greying of the coloration of the glans and loss of healthy pink coloration
- 44. Triangle of foreskin sewn into my scrotum like I am a freaking frankenstein monster. Thank you for giving us a platform to share our trauma.
- 45. I have been trying to restore for almost 30 years. It has taken me so long because the process has been incredibly painful. Any little amount of manipulation may cause headaches, nausea, abdominal cramping and other symptoms.
- 46. Extreme discomfort from glans rubbing underwear
- 47. Melanose penile
- 48. I had penal scrotal webbing, no shaft skin mobility, curvature of penis when erect and tight painful erections
- 49. Underside of glans is split either due to missed hypospadias or meatotomy at birth. Causes infections and split stream.
- 50. I'm a naturalist, I mainly wanted what nature gave me.
- 51. less shaft skin mobility, no pain, using lubricant for masturbation
- 52. only 2 inches from circumcision scar to scrotum
- 53. When I was 4 I had meatal stenosis, which was resolved by a meatotomy. I feel that the circumcision was the likely cause of the stenosis, requiring this extra defacing of my penis
- 54. Two other physical detriments one, I had a noticeable loss of sensitivity/my orgasms were not nearly as intense. Two, I didn't like the way it looked with exposed glans.
- 55. base of glans gets sore occasionally
- 56. Deep pit on dorsal side of glans, several stich scars, uncomfortable / painful scratching , rubbing sensations on glans all of my life.
- 57. I was circumcised at 22 so I was fully aware of the pleasure one can get when uncircumcised, then all that was lost because of a severe phimosis getting worse.
- 58. I know skin bridges is one of the options, but I have one very prominent, unsightly, and uncomfortable from the glans to pubic bone.
- 59. After 45 or 50 I experienced loss of sensation and difficulty in orgasming
- 60. I hated what was done to me.
- 61. RIC resulted in numerous sexual issues from that day onward, but it wasn't until I experienced total ED  $\sim$  45 that I made the connection and attempt to grow a neo foreskin.
- 62. I Have a foreskin as i wasn't circumcised as i live in the U.K but the skin was quite short so i decided to stretch the foreskin using a tlc tugger and it helped greatly
- 63. During puberty there shaft skin was so tight that I would get small but very painful tears at the base of my penis.
- 64. Shaft skin tightness

- 65. The doctor amputated way too much of my foreskin. He did not leave me with enough skin to cover my shaft. Loss of erect size due to lack of skin to accommodate erections. The tight shaft skin pulled up my scrotum so much that my testicles would get "stuck" against my body and then squashed. As it pulled my scrotum up it also pulled my penis down towards the floor.
- 66. I would suffer friction burns on my glans from masturbation due to lack of lubrication. I came to realize this was never a problem for intact guys.
- 67. Irritated and painful glans. Intolerance to touch in the glans.
- 68. I had some shaft skin mobility prior to restoration, but it was something I was aware of as a detriment of circumcision.
- 69. Low sensitivity, it's what led me to learning about restoring.
- 70. Numerous skin tags, total loss of frenum, no remaining inner mucosal tissue ...
- 71. Lack of sensitivity in glans and unattractive esthetic of circumcised penis. Severe scrotal webbing
- 72. Total loss of sensitivity from scar to tip by age of 35.
- 73. Very lumpy scar line and frenulum due to stitching
- 74. I have holes in half of the scar because it was a free-hand circ and the first half was done by a experienced doctor and the second one (that shows the most prominent, badly healed holes resulting from the needle) was done by a medical student.
- 75. Adhesions which were routinely broken/torn.
- 76. Small penis
- 77. At age 53 I started to lose penile sensitivity. My doctor mentioned that many cut guys lose penile sensitivity due to circumcision. That's why I restored.
- 78. psychological, sensation
- 79. The rest of the foreskin is fused with the glans. Tears open during normal sex.
- 80. Psoriasis on the glans
- 81. total excision of sulcus and frenulum
- 82. very slight skin bridges on the dorsal side
- 83. I basically had no sensation during intercourse which made it hard to maintain an erection. The only sensation was that of ejaculation. Restoration has TOTALLY worked for me in this regard.
- 84. I was circumcised unevenly, such that when erect, the skin on the left side was completely tight and uncomfortable but the skin on the right had some movement along the shaft.
- 85. Pain, pain, pain to the glans: Cold, sunburn, and that damn chaffing of the glans on my underwear!
- 86. Reduced the size of my penis by cutting all of my foreskin off.
- 87. Total deviation of median, and scalpel scars on ventral shaft
- 88. A wedge taken out of one side that would occasionally swell with fluid but not an erection just a pocket of fluid.
- 89. My scar is very uneven and in my adolescent years when my penis hit a growth spurt the scar was always inflamed and actually became more wide and opened up seems like
- 90. The suture seemed to have been performed very clumsily resulting in prominent stitch marks and several skin bridges
- 91. Loss of sensitivity
- 92. Adhesions that would rip and bleed.
- 93. irritation and discomfort from meatus and urethra hole rubbing against clothing seams
- 94. Losing sensitivity
- 95. I also visually wanted a foreskin.
- 96. Specifying that I had no shaft mobility but no pain during erections.
- 97. Uncomfortable erections
- 98. Headaches, uncomfortableness in pants, cut too deep into the erectile/swelling body, 4 fat pulsating hurting veins from the lidocaine injections, minimal sensitiv tissue left

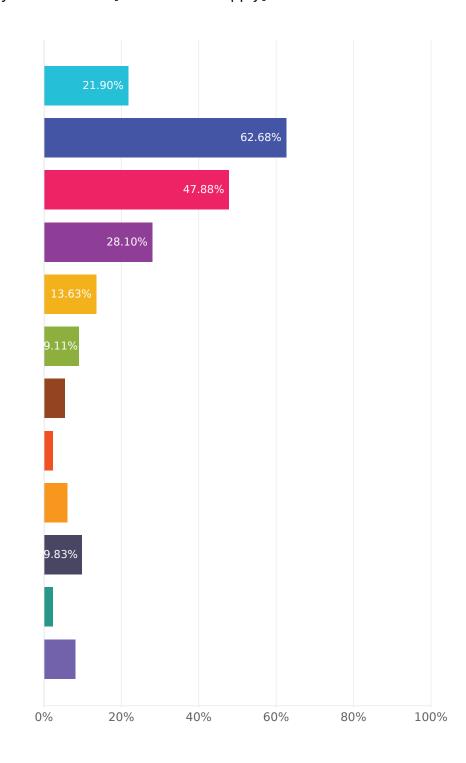
- 99. This question is difficult to answer because while I do have some of the physical traits described, so do people I know with foreskins. Additionally, the factors I do have (some of which I attribute to circumcision, others which I don't), did not contribute to my desire to restore. The question presumes a LOT in its wording and I'm unable to respond.
- 100. Wound dehiscence (healed but 1/3 circumference of scar is very wide)

Before starting restoration, were you aware of any SEXUAL damage that you attribute to circumcision that motivated you to restore? [select all that apply]





- insensitive glans (penile head)
- excess stimulation needed to achieve orgasm
- delayed orgasm (I can't come when I want to)
- premature orgasm (I come too quickly)
- erectile dysfunction (untreated)
- erectile dysfunction (treated with medication or devices)
- circumcision scar bleeds during sex
- scar is painful
- scar is numb
- scar is too sensitive
- Other (Please specify; 100 character limit)



Choices	Response percent	Response count
none	21.90%	392
insensitive glans (penile head)	62.68%	1122
excess stimulation needed to achieve orgasm	47.88%	857
delayed orgasm (I can't come when I want to)	28.10%	503
premature orgasm (I come too quickly)	13.63%	244
erectile dysfunction (untreated)	9.11%	163
erectile dysfunction (treated with medication or devices)	5.47%	98
circumcision scar bleeds during sex	2.35%	42
scar is painful	6.15%	110
scar is numb	9.83%	176
scar is too sensitive	2.35%	42
Other (Please specify; 100 character limit)	8.16%	146

- 1. SHAME at mutilated appearance
- 2. under sensitive and unable to control orgasm
- 3. Felt dysfunctional
- 4. rubbing corona raw
- 5. Before circumcision I feared not being able to masturbate anymore. After circumcision I could still masturbate but it was not as pleasurable as before.
- 6. Tightness caused bleeding
- 7. Always require lube for masturbation
- 8. No loose skin on shaft.
- 9. Excessive chafing during sex, abrasion and tears during masturbation
- 10. Anxiety over appearance of penis with excess scarring from circumcision.
- 11. Penis would hurt when very erect
- 12. Masturbation rips the skin
- 13. Pain during sexual activity caused by skin tightness

- 14. When pulled back too far, the pressure of the pull caused intense pain that could and would ruin sex.
- 15. Hair on shaft causes iritation to partner
- 16. General insensitivity
- 17. Painful erections that killed interest in sex.
- 18. It just felt great to have skin on glans
- 19. psychological damage
- 20. Required a large amount of lubricant to reach orgasm
- 21. Premature orgasm when young, opposite when 55+
- 22. high degree of stimulation needed to achieve orgasm often caused bleeding on coronal ridge if no lubricant used
- 23. I believe that my ED is partly the result exposure to continual cloth chaffing.
- 24. Uneven foreskin
- 25. Skin bridge pulls or is to left—some pain
- 26. Many times could not achieve orgasm in masturbation.
- 27. Was told by a sexual partner that the friction from lack of slack skin was causing vaginal discomfort
- 28. No sensation during sex.
- 29. painful contact due to little skin
- 30. Damage to female partner during intercourse.
- 31. Dorsal vein in scar area is sensitive and bulbous
- 32. Lack of gliding motion
- 33. dysfunctional during masturbation and intercourse due to no skin mobility
- 34. Lack of lubrication causing initial penetration to hurt without lube.
- 35. Cuts and abrasions from dryness and lack of lubricant smegma
- 36. No mobility leading to painful erections/orgasms
- 37. chafeing on head
- 38. Prolonged intercourse causes pain due to asymmetrical circ.
- 39. Glans oversensitive to touch; not pleasurable, like touching a raw wound
- 40.
- 41. remaining inner skin too sensitive
- 42. Can ejaculat during intercourse due to insensitivity caused by circumcision.
- 43. Mental barriers due to trauma from circumcision
- 44. Painful intercourse for my wife
- 45. hand masturbation quite unsuccessfull
- 46. Lack of pleasurable feeling before orgasm
- 47. Yes I had no sensitivity anywhere. Scrotal skin was pulled onto shaft when erect. I wasn't able to ejaculate properly or at all. In my thirties before restoration I lost the ability to get an erection.
- 48. Lack of skin to play with during sex
- 49. General penile soreness
- 50. lack of motility by absence of foreskin
- 51. Occasional tearing of skin below coronal ridge during sex
- 52. friction irritation from lack of gliding effect
- 53. limited penetration

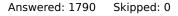
- 54. Chafing, makes sex painful and have to stop.
- 55. Recovery time, and tenderness to glands after activity
- 56. I opted to have my skin bridge "corrected" at the age of 24, but it did not help much. There is unsightly scarring and uneven tissue.
- 57. Loss of erogenous tissue that assists in lubrication, stimulation, and protection.
- 58. My wife experienced discomfort/chafing during sex
- 59. The skin covering the glans and right at the tip was most sensitive before and was one of the most touched area's to achieve orgasm however incredibly difficult to adjust sensations after circumcision
- 60. Need to use lube when masturbating, otherwise I experience moderate chaffing
- 61. During puberty, I had VERY tight and painful erections. Cut is uneven, tighter on the right, so it caused curving to right.
- 62. lowered exprience of sexual pleasure
- 63. By mid-thirties I was pretty much anorgasmic. So if I wanted to function sexually, there was nothing to lose.
- 64. I hated the look and loss of function
- 65. crushing depression after failure to climax with women
- 66. I checked "excessive stimulation..."; "delayed orgasm"; & premature orgasm because, at different times they were all a problem. Excessive stimulation was always an issue except in the few cases of premature orgasm.
- 67. same as above
- 68. Lack of fine touch nerve sensation associated with the foreskin.
- 69. Limited sexual activity due to excessive friction caused by removal of healthy and necessary body part. i felt like a person who's eyelid was removed. i felt like an Amputee, which I am.
- 70. Extremely tight erections that we're painful and bent down 20 degrees.
- 71. poor sensitivity in glans and shaft skin/mucosa
- 72. some insensitivity in later 50s, but nothing earlier in life
- 73. One doctor made suggestion that circumcision was excessive may have given cause for my sensitivity and lack of interest in sex.
- 74. Irritated and painful glans. Intolerance to touch in the glans. Therefore avoiding sexual contact and relationships many times.

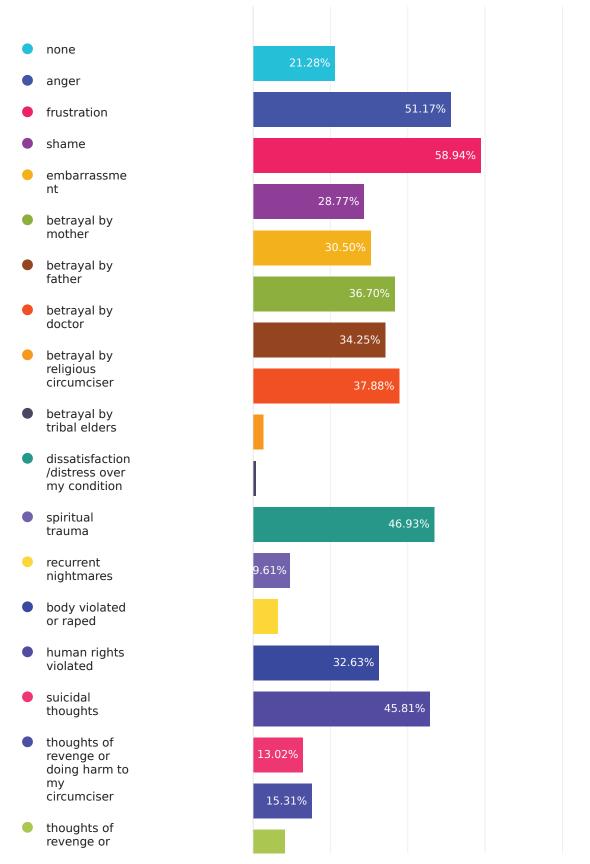
75.

- 76. Testicles painfully retract into body during masturbation due to lack of skin. Glans ache from rubbing and chafing making walking and running difficult/ painful.
- 77. Numb from scar to tip
- 78. The need for lubrication just to masturebate.
- 79. unable to masturbate in the natural way
- 80. The foreskin is a part of the penis, it was chopped off, that is the 'sexual damage'...
- 81. The continuous unwanted and unenjoyable stimulation throughout daily activities
- 82. Lack of skin mobility, too much friction on the head, feeling as if there is some missing stimuli in the frenular area
- 83. no gliding sensation
- 84. uncomfortableness of exposed glans rubbing against clothing, especially after orgasm
- 85. I had problems during sex (pain, premature orgasm, little feeling). I thought it was normal, it had to be like that. I didn't dare talk to anyone about it.
- 86. I had a general awareness of diminished sensation.
- 87. I was left with so little shaft skin that an erection was almost painful. The tightness was VERY uncomfortable.

- 88. Constant pain
- 89. Friction burn and some times bleeding on glans when masturbating without a lubricant
- 90. lack of moveable skin
- 91. Loss of highly erogenous tissue!
- 92. I'm trans, I need that flesh..
- 93. I had no foreskin for my gland to glide in vagina dryness due to lack of foreskin. Having no foreskin help keep vagina wet.
- 94. Experience pain during insertive intercourse
- 95. Pain during after vigorous sex due to tight skin
- 96. Caused pain to my girlfriend. She broke up with me because of that.
- 97. Lack of skin mobility
- 98. Reduced gliding action
- 99. weak orgasm
- 100. Pain for my wife during intercourse.

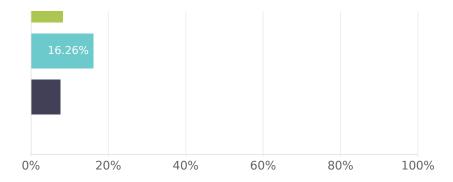
Before starting restoration, were you aware of any EMOTIONAL or PSYCHOLOGICAL damage that you attribute to circumcision that motivated you to restore? [select all that apply]





doing harm to parent(s)/ guardian who consented to my circumcision

- alexithymia (trouble identifying or expressing feelings and/or emotions)
- Other (Please specify; 100 character limit)



Choices	Response percent	Response count
none	21.28%	381
anger	51.17%	916
frustration	58.94%	1055
shame	28.77%	515
embarrassment	30.50%	546
betrayal by mother	36.70%	657
betrayal by father	34.25%	613
betrayal by doctor	37.88%	678
betrayal by religious circumciser	2.74%	49
betrayal by tribal elders	0.84%	15
dissatisfaction/distress over my condition	46.93%	840
spiritual trauma	9.61%	172
recurrent nightmares	6.54%	117
body violated or raped	32.63%	584
human rights violated	45.81%	820
suicidal thoughts	13.02%	233
thoughts of revenge or doing harm to my circumciser	15.31%	274
thoughts of revenge or doing harm to parent(s)/ guardian who consented to my circumcision	8.32%	149
alexithymia (trouble identifying or expressing feelings and/or emotions)	16.26%	291
Other (Please specify; 100 character limit)	7.71%	138

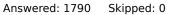
- 1. depression, PTSD
- 2. Disappointment
- 3. self harming at a young age to know what I was doing mainly self harming to the penis.
- 4. Didn't feel betrayal from parents as doctors informed them it was the best thing to do and they just trusted.
- 5. I feel circumcision was the first and only option the doctor suggested, with no attention to the damaged sex life I would be left with
- 6 PTSD
- 7. Feeling of incompletion, that something beautiful had been taken from me.
- 8. disgust at religious paedophile freaks
- 9. Just generally pissed off that this was done so routinely
- 10. Incomplete sexual satisfaction due to reduced (and partially lost forever) sexual sensitivity.
- 11.
- 12. Feelings of inadequacy compared to intact men
- 13. Can't change the past, my parents did what they thought was best. They received bad advice
- 14. considered removing penis to end pain and suffering.
- 15. Disappointed, rather than betrayed
- 16. male infant genital mutilation should be illegal, just like females is.
- 17. Societal mutilations
- 18. I feel too much skin was removed
- 19. Again, I can't help but wonder of this autism diagnosis is linked
- 20. betrayal by society pressures of USA mindset
- 21. sensitivity of foreskin
- 22. I felt unwhole. Robbed. I was angry for years. I still am.
- 23. Grief over the loss of an experience I was deprived of by others' decisions
- 24. Dissapointmennt
- 25. Agry at peoole who still choose to do this to infants
- 26. Just felt violated
- 27. Disappointed that my parents allowed this to happen though I think they did it because it was seen as "normal" and probably didn't put much more thought into it than that
- 28. Dick's just ugly compared to an intact penis
- 29. I believe in natural and had no choice
- 30. Unable to talk to my sons when they had sons!
- 31. The realization that I'm missing out on a special and uniquely male experience of having a foreskin and the sensations and pleasures that go along with it.
- 32. Disappointment in father who was not circumcised.
- 33. I discovered the difference between me and a friend at age 5. I developed an intense "addiction" to wanting to be with and have my own foreskin!!!!!!!!!!
- 34. Sexual trauma and embarrassment
- 35. I have excess fire skin that was not removed that bunches under glans—looks odd.
- 36. Every time I'd look at the damage, I would break into depressive panic.
- 37. Depression

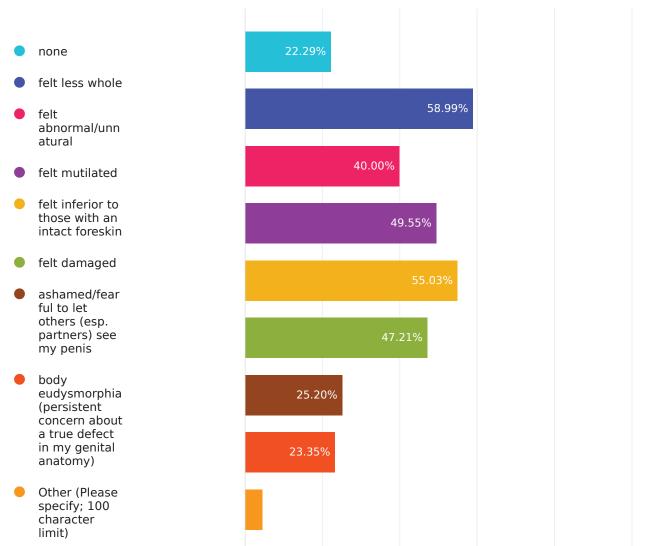
- 38. Oten times felt hopeless and that there would never be a solution which triggered depression
- 39. Can't talk about circumcision to my family. .
- 40. Has affected relationship with wife emotionally and sexually
- 41. Desire to get it back
- 42. I feel cheated of a pleasure level that will never be regained that drives uneasiness..
- 43. for mental health problem of depmentation of the skin localize especially in the genitals possible problem of hair loss weight gain can be linked this is my theory
- 44. Deep anger towards Islam/society and how it indirectly affected my body
- 45. It never really bother me when I was young as I didn't know any better. But when seeing uncut men I realised that mine wasn't "natural".
- 46. Constant anxiety I couldn't orgasm during sex
- 47. less trust in people/society for being ok with children being mutilated.
- 48. Frustration over the fact that no other NON-NECESSARY surgical procedure would ever be performed without patient consent.
- 49. The aspect of my circumcised penis impact how much I enjoy sex
- 50. Considered it for a bit before realizing I was born with a foreskin so why not return to that.
- 51. As a child, fear that someone would damage my penis, but I didn't know why I felt this.
- 52. Body dysphoria; feeling like I'm in the wrong body of a cut male instead of an uncut male
- 53. Self doubt- people minimizing my trauma and making me question my own feelings/perspective.
- 54. Betrayal by medical system
- 55. I felt asexual in a lot of ways. No libido. Was unable to ejaculate nor orgasm. I suffered a lot of depression and sexual related anxiety.
- 56. disappointment at society's ignorance of circumcision harm, etc.
- 57. It's absolutely garbage part of me was taken without my knowledge or consent.
- 58. more skin on shaft would allow more penetration
- 59.
- 60. Betrayal by physician. I did not need a circumcision, but was pressured.
- 61. Concern about the looks and size of my penis
- 62. Disappointment
- 63. Anger at both my GP and the surgeon for not properly explaining the loss I would suffer or telling me there was no need for the procedure, ie. try to talk me out of it.
- 64. Just wished it hadn't been done. Was able to keep my emotions under control
- 65. sense of loss & disappointment, could sex feel better with foreskin
- 66. Recurring dream of all my limbs being restrained by people I knew, and beaten.
- 67. I hated being circumcised and never let my mother forget it!
- 68. Especially during sex and having a short foreskin didnt help
- 69. Annoyance
- 70. helplessness, anxiety attacks, insomnia
- 71. not sure what to think
- 72. Upset at the medical community in general (not specific doctors) for continuing to perpetuate this as a common procedure for non-consenting children.
- 73. I've had suicidal thoughts, anxiety, and depression, which I partly attribute to it and is now sometimes triggered by it.
- 74. I enjoy being naked and belong to several nudist clubs/parks. However I have often felt that having my glans exposed makes me almost rude, naked beyond simple nudity and somewhat embarrassing.

- 75. Attempted to pretend nothing was wrong... dared anyone to comment ... assuming I had not other choice
- 76. Desire to tell everyone about how angry I am and about the damage done by the procedure
- 77. Removing healthy tissue is illogical.
- 78. Dissociation
- 79. Sadness, from being unable to experience full natural pleasure via the frenulum/rigid band's effects, even post-restoration
- 80. Betrayal by health institutions and lack of societal trust
- 81. betrayal by medical establishment, sense of dishonesty and lack of trust stemming from discovery of scar
- 82. I could be wrong, but people who serially practice this sadistic surgery should die if they won't relent. It heinous in the extreme; noisome actually.
- 83. Lost sleep, while trying to accept and come to terms with feeling violated and knowing I could never fully regain full sexual function. Anger at the AMA for still encouraging this!
- 84. Fear, rejection, depression, anger, relationship problems (twice divorced)
- 85. Betrayal by the entire medical comunity and government
- 86. angry at the medical industry and society for not caring enough
- 87. Envy of men with a foreskin. My dad was intact as were all of my uncles
- 88. I didn't even know I was circumcised until the first "girl friend saw my penis and told me I was. .
- 89. Homocidal rage. Utter bewilderment. Faced with having to rethink \*everything\*: my parents, 'God', our church, education, media, medical industry, my country, my culture. Utter nightmare of emotions!
- 90. Oh, don't worry, I'll do something one day.
- 91. I was mad my did not due any research before choosing to cut part of my penis off.
- 92. PTSD. I remember my circ in the form of a repetitive persistant nightmare
- 93. Despair that I will always cause pain and discomfort to any future partner.
- 94. Not having had the choice
- 95. Depression, PTSD
- 96. Betrayal by society in general. Everyone allowed this to happen.
- 97. apathy
- 98. frustration that circumcision practice seems so obviously wrong and against nature, especially without consent or even knowledge of child or parents, plus possible limitations to nature penis size, shape, sensitivity, pleasure
- 99. Disgusted in myself that I was so gullible

100. PTSD

Before starting restoration, were you aware of any SELF ESTEEM damage that you attribute to circumcision that motivated you to restore? [select all that apply]





20%

40%

60%

80%

100%

0%

Choices	Response percent	Response count
none	22.29%	399
felt less whole	58.99%	1056
felt abnormal/unnatural	40.00%	716
felt mutilated	49.55%	887
felt inferior to those with an intact foreskin	55.03%	985
felt damaged	47.21%	845
ashamed/fearful to let others (esp. partners) see my penis	25.20%	451
body eudysmorphia (persistent concern about a true defect in my genital anatomy)	23.35%	418
Other (Please specify; 100 character limit)	4.64%	83

- 1. regret? just wish it didn't happen
- 2. envious of those w/an intact foreskin
- 3. Insecure about size and feeling circumcision hindered my natural development
- 4. Being denied the right to choose
- 5. Bullying from peers growing up by being the one different from the rest
- 6. Embarrassed to be naked around other men because of the exposed glans.
- 7. Irritated that this was done to me before I could object, and thatI can't object now without feeling silly.
- 8. felt less sexy
- 9. premature ejaculation lead to feelings of failure and inadaquacy
- 10. hypochondria
- 11. Something was stolen from me.
- 12. I think I always subconsciously knew that something was "off" with me personally.
- 13. didn't have a problem with being cut until I moved to UK when I was 9.
- 14. Nerve damage ED with foreplay arousal
- 15. Ditto to the above.
- 16. I'm the only one of all my first cousins and uncles that's circumcised. They made me feel like the black sheep.
- 17. Vulnerable
- 18. General lack of self confidence and seeing myself as unattractive

- 19. No real self esteem issues. my peers laughed at foreskins. Girls to this day are grossed out by them. I am 'normal' in the eyes of my peers.
- 20. Felt jealous of those with intact foreskin
- 21. Felt exposed... lived in Asia and it was just another reason to not fit in
- 22. Not circumcising my son prompted me to explore becoming whole again
- 23. I know the loss of many 1000s of the most sensitive & pleasurable nerves in the body deprived me of 2/3rd of sexual pleasure all of my life!!!!!
- 24. Feeling sexually useless due to the damage done to me
- 25. I began longing for something I never had yet desired.
- 26. became sexually attracted to penises with long foreskin

27.

- 28. I live in Netherlands where circ. is not common; odd one out
- 29. Was aware that I was the only circumcised boy in a school of ~ 600
- 30. I just wanted to see all the intact penises I could and behold their beauty.
- 31. Could not make love to my wife...all I could do was masturbate.
- 32. My wife was with a circumcised partner before me and she made comparisons
- 33. felt like a family pet had more protections than me
- 34. As a young child, before I knew what circumcision was, I would push my member back in to my abdomen for a few moments to experience what it was like to have it covered, or protected I suppose..
- 35. feeling of missing on pleasure
- 36. I felt incomplete. I felt like I was missing out on the potential to form a relationship and potentially create a family.
- 37. Disconnected to the men of my ethnicity, because they were mostly uncircumcised.
- 38. estranged around other guys that were intact
- 39. My meatotomy especially made me shameful.
- 40. My first time having sex was senior year of college. I had other opportunities prior, but could never get myself to do it because I was so worried that the girl would think something was wrong with my penis. (I had a prominent skin bridge.)
- 41. I did not prefer the look
- 42. felt less masculine, less desirable
- 43. Fully formed and forever incomplete.
- 44. Abbreviated empathy towards the opposite sex. Long story.
- 45. unsure what to think
- 46. unloved by parents
- 47. I felt envy towards my intact partner.
- 48. I feel alone, because very few people have any empathy for my situation and believe that circumcision was for my own good.
- 49. tightness of skin contribution to small penis when flaccid
- 50. I didn't even want my wife to see my penis so we "did it" in the dark.
- 51. Worried about loss of physical sexual satisfaction.
- 52. When riding a bicycle as a youngster my penis moved back and forth rubbing the corona in my pants . . VERY uncomfortable, I was too embarrassed to mention it to anyone. . I didn't understand what was going on. .
- 53. I've always perfered natural women and prided myself on being 'whole' and 'natural' ... until I learned the devastating truth, as an adult..
- 54. Shame, low self worth and esteem

- 55. Felt concerns were mocked, not taken seriously.
- 56. Always wondered if I look normal
- 57. Embarrassed by thought of others finding out I was circumcised.
- 58. Embarrassed to let partner see/touch
- 59. felt less man
- 60. Ex made comments early in relationship
- 61. I do not feel like a man, am ridiculed by doctors and society
- 62. "Branded" is the best word to describe how I feel
- 63. I just want to be whole. I can't express how much pain this has brought me
- 64. Worsened already present dysphoria.
- 65. In context I was born in a country where the circumcision rate was 10% at my birth. I was always ridiculed by others.
- 66. I had a full mental break down when my partner first saw it. it wasn't their response, just the fact that someone else knew what was there and what it looked like
- 67. Knowledge that a functional part of my body was forcefully removed from me, without my consent, under full awareness, and that what remains is a crippled and dysfunctional anatomy
- 68. I used to cry or get really sad often alone because my penis was different, I envied those intact guys so much, still do in fact
- 69. Felt naked
- 70. don't want to be male anymore
- 71. affected sex life in that I was unhappy with my penis and didn't like getting compliments from sexual partners because I didn't believe they could be true, and didn't like the sight of my own naked body
- 72. Didn't know why mine was different colors and had a bad scar
- 73. When in school peers would see that my dick leaned left. If you don't have a straight dick, then you are gay haha, sucks to be you. 10 years old, It must be true, right?
- 74. lack of confidence
- 75. Lack of self worth. Felt unnatural and mutilated. Then being lied to about it, and being told that it made me special.
- 76. insecure wasn't sure what the circumcision line was at the time. Did not know why there was a dark ring around the shaft
- 77. Surtout curiosité par rapport à ce prépuce que je n'avais plus
- 78. I feel like a freak in e.g. a sauna. In The Netherlands virtually all men have a foreskin.
- 79. It's hard to have sexual confidence when you are having trouble enjoying sex because you are getting very little pleasure from your penis.
- 80. I chose to be circumcised due to theses feelings growing up as a child
- 81. combative
- 82. I felt mutilated and betrayed. I didn't really want anyone too see my penis and felt like I would never be able to be with anyone sexually . I definitely felt like there was stain I couldn't remove.
- 83. I am naturally attracted to guys. Because of this fact I have seen intact penises of many other guys and like the way they look, function, and the extra sensitivity.

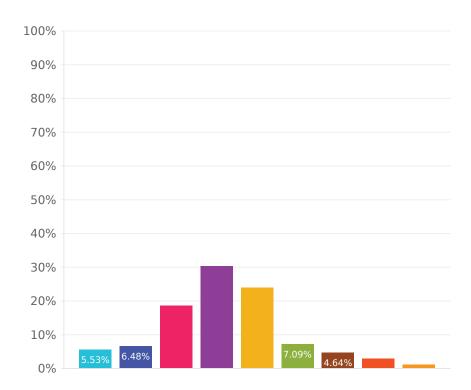
### RESTORATION MOTIVATIONS, GOALS and RESULTS

Q14

## At what age do you recall first being aware of and/or feeling harmed by your circumcision? [select one]



- before age 7
- **7-12**
- **13-19**
- 0 20-29
- **30-39**
- 40-49
- **50-59**
- after age 60

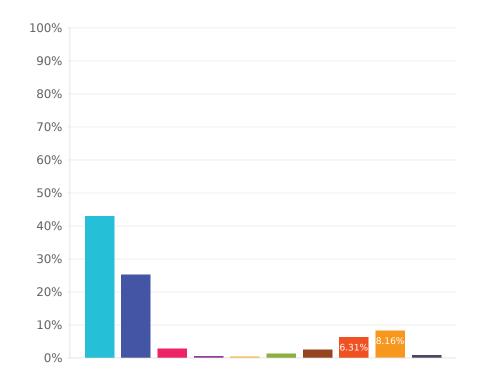


Choices	Response percent	Response count
I don't recall/not applicable	5.53%	99
before age 7	6.48%	116
7-12	18.49%	331
13-19	30.17%	540
20-29	23.85%	427
30-39	7.09%	127
40-49	4.64%	83
50-59	2.79%	50
after age 60	0.95%	17

### Where did your first awareness of restoration come from? [select one]



- I actively sought out information
- friends
- family
- doctor/therapi st
- mainstream or alternative print media
- mainstream or alternative TV/radio
- mainstream or alternative internet sites
- specific restoration/int activist website/blog
- other organization (men's group, parenting group, etc)
- I don't recall
- Other (Please specify; 100 character limit)



Choices	Response percent	Response count
I stumbled across the topic	42.85%	767
I actively sought out information	25.14%	450
friends	2.79%	50
family	0.50%	9
doctor/therapist	0.28%	5
mainstream or alternative print media	1.23%	22
mainstream or alternative TV/radio	2.51%	45
mainstream or alternative internet sites	6.31%	113
specific restoration/intactivist website/blog	8.16%	146
other organization (men's group, parenting group, etc)	0.84%	15
I don't recall	3.46%	62
Other (Please specify; 100 character limit)	5.92%	106

- 1. had sex with a guy who had restored
- 2. a couple of my female lovers mentioned having been with men with foreskins and I became curious
- 3. Seeing other boys, the idea of skin covering my glans was appealing as mine was often irritated
- 4. i was searching information on the condition
- 5. Eric Clopper
- 6. 4chan
- 7. Wikipedia while trying to figure out why mine was cut off
- 8. having my first child and looking into the issue.
- 9. Speaking with others on the forum "4chan"
- 10. i read it in a story called Pat & Me at nifty archive
- 11. Saw an uncut penis on a friend and was jealous
- 12. Sought information, but prior to that, tried it myself based solely on my own understanding.
- 13. Cassie Jaye Red Pill Documentary

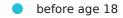
- 14. Invented my own restoration process in the early 1980s base on seeing National Geographic images of natives body modification
- 15. My spouse
- 16. Girlfriend mentioned it after i voiced my anger about my circumcision
- 17. It happened intuitively after learning about foreskin, then I sought info/stumbled upon the topic
- 18. facebook page of film "american circumcision"
- 19. Article by developer
- 20. got my first hand-jobs, they were painful, realized its because of the lack of skin but didnt link that to the insensitivity yet
- 21. I started before I knew it had a name
- 22. In gym class
- 23.
- 24. Googling about it.
- 25. Seeing other naked boys
- 26. Pride event indy
- 27. Guide to Getting It On (Book)
- 28. Brother K
- 29. Netflix documentary
- 30. The Penn and Teller Bullshit episode about circumcision
- 31. Stumbled across it while looking up transitional surgery
- 32. I looked at my penis and I knew something was wrong with me. Then I stumbled upon the answer of what.
- 33. Netflix show: Strange Sex
- 34. P.E. website
- 35. The Joy of Uncircumcising
- 36. My wife really brought it to my attention
- 37. Researching vaginismus & painful intercourse on part of spouse
- 38. stumbled across pics of intact penis
- 39. I came up with ideas before I knew it was a thing. I abandoned my own ideas until I saw Jim Bigelow's book in my local library.
- 40. Jim Bigelow's book: The Joy of Uncricumcising
- 41. A contact on a website (Silver Daddies) told me about it.
- 42. discovered Dr James Haughey on the internet in the early 2000's. Tug ahoy.com
- 43. My boyfriend now Husband.
- 44. Found an intactivism card in a public restroom
- 45. Books on circumcision
- 46. sex with intact men
- 47. In researching details of circumcision and its long term affects.
- 48. Having sex with intact guys and hearing them talk about how much better it is
- 49. An elderly intact guy I met at a hot springs sent me a packet of information he had collected at a street display in Oakland, California
- 50. I researched loss of sensation and ED
- 51. When the doc & Viagra failed to fix the ED Problem. I didn't know about restoring. I just concluded that growing enough shaft skin to cover glans just might help.
- 52. I stumbled across it after learning about a foreskin / circumcision and what all was lost.

- 53. Tried to stretch skin at very early age
- 54. Saw the difference in pornography and thought wait mine dos not look like that so I looked it up
- 55. YouTube
- 56. research to consider circumcising my newborn
- 57. myself
- 58. International Mr. Leather
- 59. Found an ad in an underground newspaper from BUFF ... Brothers United For Future Foreskins
- 60. Web forum not about restoration
- 61. book
- 62. Reddit
- 63. NORM.org
- 64. Active search after hearing that present day circumcision significantly different from Biblical circumcision
- 65. Penn and Teller's Bullshit episode on circumcision
- 66. In 1990 I definitely searched for a way to cover and protect the glans, and I have a vague memory of seeing the topic among the literature of one of the four listed organisations against circumcision at the time. Jim Peron?
- 67. Sociology class-genital mutilation project
- 68. Stumbled across a foreskin restoration on the internet and then I actively researched topic.
- 69. The youtube algorithm showed me a video from Ron Low where he presents his TLC-tugger.
- 70. Dr. Dean Edell mentioned it. Then I got the book, "The Joy of UnCircumsizing"
- 71. I was researching why I have a huge scar on penis and stumbled upon restoring and was hooked ever since
- 72. Searching online of fixes to circumcision and/or Reddit
- 73. I simply googled uncircumcision at age 12
- 74. Yahoo Answers
- 75. I have two sons and chose not to circumcise them. I then went on a journey to see what happens to my penis and how I might restore it to a more natural state.
- 76. Found out about it while researching causes of poor sensitivity in the penis
- 77. I googled harms of circumcision and treatments for the loss
- 78. Reading the Bible I found the story of circumcision and was horrified to realize that had happened to me.
- 79. right after the operation
- 80. Penn & Teller's Bullshit episode
- 81. Interview with a restoring man on BBC Radio 4 I think in 1993
- 82. Tv show, depicting TLC Tuggers.
- 83. While looking for help( too embarrassed to ask my guardian why my penis hurt/bled/ got hard) I looked it up and was brought to a restoration forum.
- 84. My boyfriend
- 85. I Google it
- 86. A radio program
- 87. A child with the access to the internet
- 88. Documentary
- 89. Research on circumcision for my unborn child
- 90. curiosity of what foreskin should be like

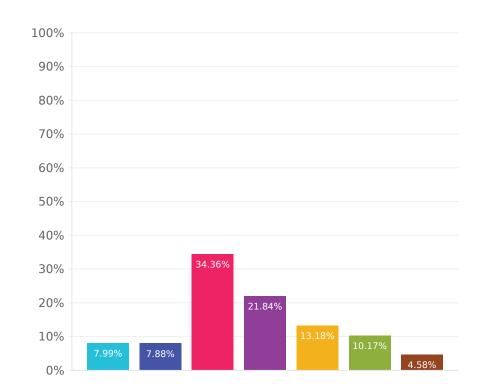
- 91. I watched American Circumcision in April 2020 and learned about Ron Low and his restoration device.
- 92. Found out after sex with partners, complaining they kept drying out. Noticed my glands seemed dry, put two and two together. Also, indirectly from the abnormal skin development on my penis.
- 93. I think a wed site about penis and nipple pumping
- 94. Intactivism Info Card
- 95. My dad stumbled on this subject
- 96. My Husband told me about it
- 97. American Circumcision Documentary
- 98. I didn't know there could be restoration for the longest time.
- 99. Looking into ways to straighten my horrible curve, also hated the 2 tone and ugly scar of my penis and stumbled across restoration
- 100. Exploration into men's issues/men's rights.

## How old were you when you began restoration? [select one]



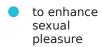


- **18-19**
- 0 20-29
- **30-39**
- **40-49**
- **50-59**
- after age 60

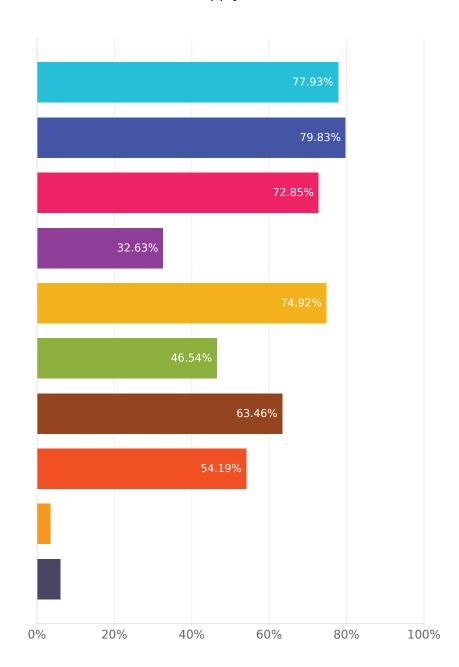


Choices	Response percent	Response count
before age 18	7.99%	143
18-19	7.88%	141
20-29	34.36%	615
30-39	21.84%	391
40-49	13.18%	236
50-59	10.17%	182
after age 60	4.58%	82

### What motivated you to begin restoration? [select all that apply]



- to increase glans/head sensitivity
- to improve aesthetics or appearance
- to hide circumcision scarring
- to protect the glans (penile head) from the outer environment
- to resolve anger, resentment, or negative emotions over my circumcision
- to improve body image and/or increase selfesteem
- to regain sense of control over my body
- suggestion or recommendat ion by significant other, friend, relative
- Other (Please specify; 100 character limit)



Choices	Response percent	Response count
to enhance sexual pleasure	77.93%	1395
to increase glans/head sensitivity	79.83%	1429
to improve aesthetics or appearance	72.85%	1304
to hide circumcision scarring	32.63%	584
to protect the glans (penile head) from the outer environment	74.92%	1341
to resolve anger, resentment, or negative emotions over my circumcision	46.54%	833
to improve body image and/or increase self-esteem	63.46%	1136
to regain sense of control over my body	54.19%	970
suggestion or recommendation by significant other, friend, relative	3.52%	63
Other (Please specify; 100 character limit)	6.09%	109

- 1. for fun
- 2. in order to look "normal"
- 3. To try and feel normal, not damaged, etc.
- 4. I never had a problem with insensitivity until I was in my early 60s. I had always been able to climax pretty when ever and as often as I wanted. I didn't like the change at all.
- 5. Penis enlargement through sustained stretching
- 6. I had a hunch that circumcision had a correlation with testosterone level and fertility and I wanted to maximize both to the fullest
- 7. I thought. "why not?"
- 8. Skin was too tight and I wanted to reduce that when erect
- 9. I saw my father before he pass away and ask him what happened he told me my mother took that decision
- 10. attempt to restore as much gliding action during intercourse as possible.
- 11. I like the way it looks and I want to know how it feels.
- 12. You have sex with the one you love, you want it to feel good. You want to love what you have, too.
- 13. To feel a whole man once more. Circumcision is a direct attack on being a male
- 14. I like the look of a foreskin
- 15. To look more European
- 16. Thought I'd try non-surgical skin expansion to loosen up painfully tight erections. I had a very tight circumcision.

- 17. Improve dry skin
- 18. I wanted to know what it would be like to feel whole again knowing what was taken from me
- 19. To experiment in order to recommend or not to clients
- 20. another opportunity to play with my penis
- 21. second wife was European and she suggested it was harmful and unnatural.
- 22. I like the appearance of an uncut penis.
- 23. Plus, I just felt it was genuine. It was how I was meant to be.
- 24. Severely painful erections.
- 25. Circumcised penises look mutilated, ugly. I resent the LOSS of sensation, pleasure, "experimentation" that I know "uncut" guys enjoy. Some have demoed what they can do; say me they'd never want 2B cut.
- 26. To be natural
- 27. To make "dry" masturbation less painful
- 28. As an alternative option to surgery
- 29. curiosity
- 30. Transition of gender & Healing of disability
- 31. It turned me on. I thought it was sexy.
- 32. Curiosity with others not circumcized
- 33.
- 34. To decrease pain with erections
- 35. To be a normal male.
- 36. To enhance partner's sexual pleasure
- 37. Based upon medical information my first son was uncircumsized and I wanted it to not look different
- 38. Seeking any possible psych'l benefit from a protected glans
- 39. To look like an intact male
- 40. to reduce the pain of erections
- 41. produce skin slack combat wife's pain during sex
- 42. Curiosity. To try and find out what it felt like to have some coverage.
- 43. Reduce/eliminate pain for spouse
- 44.
- 45. To feel comlete.
- 46. To reduce infections and try to control urine stream.
- 47. Aesthetics: I think uncut penis looks better
- 48. To experience what it's like to have foreskin/play with the skin
- 49. Spouse is intact.
- 50. in an attempt to get rid of friction based irritation,. to satisfy a need of feeling 'whole'
- 51. to keep pubic hair from irritating my wife
- 52. Try to reduce scrotal webbing
- 53. like the look of uncut
- 54. Reduce the discomfort my wife experienced during intercourse
- 55. Curiosity and/or masochistic tendencies
- 56. To regain the pleasant feeling I remembered as a child of the foreskin gliding over the penis

- 57. I frequent nude beaches and want my glans to be protected from elements.
- 58. I tried cross-taping (taping my glans inside) for a couple of weeks, and the relief from a level of background irritation that was so normal for me that I was only aware of it by its absence was enough for me to continue.
- 59. I thought perhaps if I restored I might forgive my mother for doing it. . . But No.
- 60. Frustration with not being able orgasm
- 61. Intact Father
- 62. Improve masturbation
- 63. To gain coverage I believe I lost. Become restored.
- 64. Enhance sexual pleasure: Having mobile shaft skin to allow for dry/spontaneous masturbation and manual partner sex.
- 65. We decided not to circumcise our son. I wanted to go through restoration process myself for vindication purposes later in life.
- 66. I began restoring accidentally by performing a pleasurable action that included stretching
- 67. to develop mobile shaft skin during erections
- 68. To regain the gliding action of foreskin, and get to feel the full, uncompromised sexual experience
- 69. Look more like my uncircumcised sons.
- 70. to improve bodily feelings (feeling of protected glans)
- 71. curiosity
- 72. To restore the natural me as much as possible.
- 73. I found one day that I could no longer live with the unremitting trauma so I thought, something so vital to my BEING was robbed from me, and I don't want to die in this state. I have to do something to ameliorate the internal scarring and torment.
- 74. I was born whole, I'm gonna die whole.!
- 75. Prevent sexual damage to vagina of potential future wife (mutilated penises can damage a vagina)
- 76. To provide greater pleasure to my lover. . The glide of the "Barbed" head more pleasurable to a woman on the out stroke. .
- 77. So I don't have an even worse neovagina.
- 78. To reduce wife's soreness due to my need to 'saw away' during intercourse
- 79. To resolve the tight skin issue sometimes causing pain during or after sex
- 80. Mostly to make it so it wouldn't hurt my future wife.
- 81. Birth of nephew caused me to question circumcision for the first time.
- 82. To change appearance simply for the change; to restore foreskin functionality (not that it was particularly needed).
- 83. Main thing was to be able to keep my glans covered as I hated the feeling of it exposed
- 84. to alleviate irritation and discomfort from meatus and urethra hole rubbing against clothing seams
- 85. I have been having electrolysis to remove the hair from my penis shaft which has been successful after 2 years. I now see how things have been changed and want to continue restoring it.
- 86. I suffer ED and anorgasmia. I want erections, orgasms and feelings of love again.
- 87. In spite of my parents doing, the process of undoing their damage gave me a sense of relief
- 88. Stop suicidal thoughts
- 89. being back myself again
- 90. I'm into body modification
- 91. Spoke to a friend who had been, and got renewed faith in the process.
- 92. Return physical body to more natural state and experience male existence as God intended.

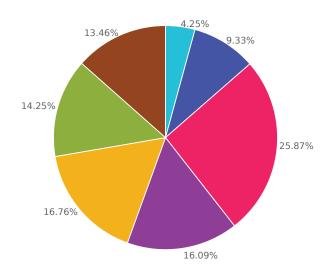
  Returning the physical vessel to a natural state to return natural emotional and spiritual potential

- 93. I had a son, and I wanted to be able to answer questions he had about being intact.
- 94. I'm gay and have a fantasy for foreskin cocks .
- 95. I liked other guy's foreskins and wanted one of my own
- 96. To gain some skin mobility
- 97. Advice of medical professional & covid lockdowns giving me time/privacy to start with devices full-time
- 98. Less pain for wife during sex
- 99. resentment to Abrahamic religion
- 100. suggestion from my therapist

How much tissue growth did you/do you seek as a restoration goal? [select one]

For visual assistance, please refer to the Coverage Index (CI) at this LINK.

- CI-2: enough slack skin to overcome skin tightness during masturbation
- CI-4, CI-5, CI-6: partial glans/head coverage when flaccid
- CI-7, CI-8: complete glans/head coverage when flaccid
- CI-6, CI-7, CI-8: partial glans/head coverage when erect
- CI-9: complete glans/head coverage when erect
- CI-9, CI-10: glans/head coverage with overhang when flaccid
- CI-10: glans/head coverage with overhang when erect



Choices	Response percent	Response count
CI-2: enough slack skin to overcome skin tightness during masturbation	4.25%	76
CI-4, CI-5, CI-6: partial glans/head coverage when flaccid	9.33%	167
CI-7, CI-8: complete glans/head coverage when flaccid	25.87%	463
CI-6, CI-7, CI-8: partial glans/head coverage when erect	16.09%	288
CI-9: complete glans/head coverage when erect	16.76%	300
CI-9, CI-10: glans/head coverage with overhang when flaccid	14.25%	255
CI-10: glans/head coverage with overhang when erect	13.46%	241

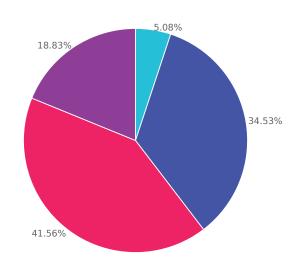
### RESTORATION MOTIVATIONS, GOALS AND RESULTS

Q19

## At what stage do you consider your restoration activity is? [select one]



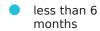
- ongoing: in a consistent/per sistent manner
- ongoing: in an intermittent manner/takin g occasional breaks
- abandoned without meeting my goal



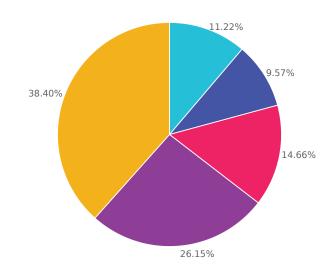
Choices	Response percent	Response count
completed	5.08%	91
ongoing: in a consistent/persistent manner	34.53%	618
ongoing: in an intermittent manner/taking occasional breaks	41.56%	744
abandoned without meeting my goal	18.83%	337

# If your restoration is <u>completed or ongoing</u>, approximately how long were you (have you been) restoring? [select one]

Answered: 1453 Skipped: 337



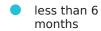
- between 6 months and one year
- between one and two years
- between two and five years
- longer than five years



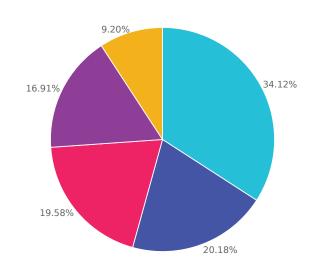
Choices	Response percent	Response count
less than 6 months	11.22%	163
between 6 months and one year	9.57%	139
between one and two years	14.66%	213
between two and five years	26.15%	380
longer than five years	38.40%	558

# If restoration was <u>abandoned</u> without meeting your goal, approximately how long was your restoration activity? [select one]

Answered: 337 Skipped: 1453



- between 6 months but and one year
- between one and two years
- between two and five years
- longer than five years



Choices	Response percent	Response count
less than 6 months	34.12%	115
between 6 months but and one year	20.18%	68
between one and two years	19.58%	66
between two and five years	16.91%	57
longer than five years	9.20%	31

If your restoration is <u>completed or ongoing</u>, approximately how many hours did you devote to restoration, including time spent to apply/re-apply, remove and wear such a device? Use the formula below to estimate your total restoration hours, then choose the answer that best matches your calculation.

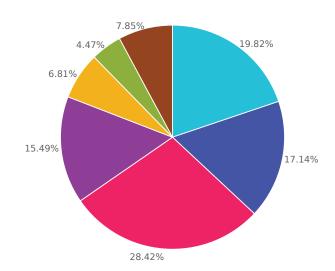
Restoration hours per day x Restoration days per month [maximum 30] x Months of restoration = Result

Example: 8 hours/day x 30 days/month x 6 months = 1,440 total hours devoted to restoration.

Your result will be different from this example.

Answered: 1453 Skipped: 337

- 500 hours or less
- between 500 and 1,000 hours
- between1,000 and5,000 hours
- between 5,000 and 10,000 hours
- between10,000 and15,000 hours
- between15,000 and20,000 hours
- more than 20,000 hours



Choices	Response percent	Response count
500 hours or less	19.82%	288
between 500 and 1,000 hours	17.14%	249
between 1,000 and 5,000 hours	28.42%	413
between 5,000 and 10,000 hours	15.49%	225
between 10,000 and 15,000 hours	6.81%	99
between 15,000 and 20,000 hours	4.47%	65
more than 20,000 hours	7.85%	114

If your restoration was <u>abandoned</u>, approximately how many hours did you devote to restoration, including time spent to apply/re-apply, remove and wear such a device? Use the formula below to estimate your total restoration hours, then choose the answer that best matches your calculation.

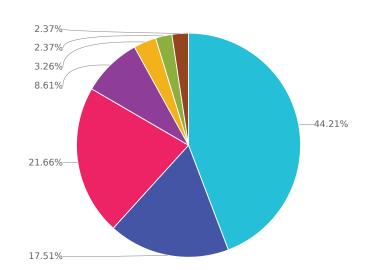
Restoration hours per day x Restoration days per month [maximum 30] x Months of restoration = Result

Example: 8 hours/day x 30 days/month x 6 months = 1,440 total hours devoted to restoration.

Your result will be different from this example.

Answered: 337 Skipped: 1453

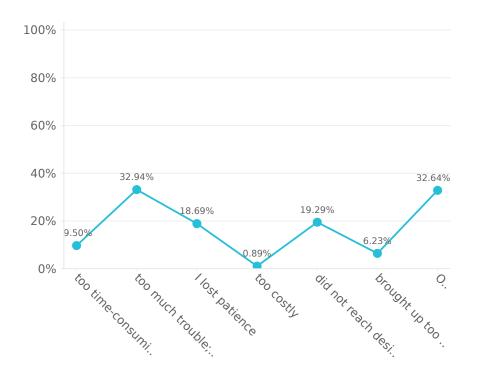
- 500 hours or less
- between 500 and 1,000 hours
- between1,000 and5,000 hours
- between5,000 and10,000 hours
- between10,000 and15,000 hours
- between15,000 and20,000 hours
- more than 20,000 hours



Choices	Response percent	Response count
500 hours or less	44.21%	149
between 500 and 1,000 hours	17.51%	59
between 1,000 and 5,000 hours	21.66%	73
between 5,000 and 10,000 hours	8.61%	29
between 10,000 and 15,000 hours	3.26%	11
between 15,000 and 20,000 hours	2.37%	8
more than 20,000 hours	2.37%	8

### If restoration was <u>abandoned</u>, why? [select all that apply]

Answered: 337 Skipped: 1453



Choices	Response percent	Response count
too time-consuming	9.50%	32
too much trouble; too difficult	32.94%	111
I lost patience	18.69%	63
too costly	0.89%	3
did not reach desired result and/or gave up hope of meeting my goal/s	19.29%	65
brought up too much negative emotion for me	6.23%	21
Other (Please specify; 100 character limit)	32.64%	110

- 1. Too stigmatizing
- 2. device could fall off and didn't want to face and embarrassing situations worse than missing a foreskin

- (can't select multiple). too time consuming and too much trouble. Also cut shaft accidentally removing tape
- 4. The unit kept slipping off.
- 5. Became a girl. Sought sex confirmation surgery no longer have/need penis!
- 6. I didn't feel I had to anymore
- 7. It became uncomfortable, and felt less natural than the circumcision itself. I decided to turn my faith toward true regenerative medicine.
- 8. Troublesome and started getting rashes more and more often.
- 9. Frequently painful
- 10. The device I bought didn't fit my penis well. Always fell off when tension was applied. I still use without tension as a barrier while exercising, but not for restoration.
- 11. I had both the TLCX and the DTR, but at a certain point I couldn't maintain a grip on the skin like it was too oily. I have been unable to restore since then, since the device falls off too easily
- 12. Occupation made it difficult to find time and evice was not usable with this level of activity without disruptions in work.
- 13. Device fell off consistently, I felt that it was too difficult to wear at work throughout the day. and a lot of trauma came up
- 14. I can't select all. It was uncomfortable and difficult to conceal. I didn't feel the device fit well. I didn't like the feel of it. I didn't want hair further down my penile shaft
- 15. Could Not hide, got girlfriend, shame!
- 16. It was stretching scrotum skin rather than shaft skin towards the glans
- 17. Survery not allowing mutliple choices. Lost patience/too difficult/time consuming
- 18. Painful
- 19. Device kept falling off, demanded a lot of rearranging
- 20. Uncomfortable and not effective
- 21. My cut is so tight that I never could get the device on so it could begin to restore.
- 22. Not enough privacy to persue this activity, however it remains very much on my agenda.
- 23. All of the above
- 24. Foregen had started their campaign and stretching restoration no longer seemed satisfying if the foreskin function could be fully restored. Plus any restoration progress would most likely have to be removed for their process.
- 25. impossible to replace the severed nerves
- 26. The product did not work/fit. I contacted Ron. Very poor customer service. Lost faith in product/procedure.
- 27. I saw photos of men who had restored and thought it looked like a lot of loose skin hanging off their penis. I didn't want that without having a frenulum.
- 28. trouble gathering enough skin to use the device and it would detach after a few seconds & emotional reasons
- 29. Stress on skin when wearing device, skin color change (vitiligo like spot on shaft)
- 30. skin rash and infection
- 31. several: desired rule not reached, too time consuming, in a relationship with someone that didn't support it, gave up on meeting my goals
- 32. Could not handle the stress any more. Have enough now to stay covered soft and I wear a keeper.
- 33. Developed Lichen Sclerosis as of 2y ago.
- 34. Decided I was content without foreskin and didn't need restoration
- 35. Wasn't sure it was working.
- 36. Not a practical solution urination was messy, foreskin slipped post urination tape lost adhesion

- 37. Both complications apply the device and the visibility of the device while wearing
- 38. Progress seemed to plateau. Device was pinching me at times.
- 39. Very tight circumcision cant pull any skin forward
- 40. I saw some results, but it didn't seem like i was going to meet my goal or I was not sure if meeting my goal was possible; also the burden of wearing the device under my pants became too great (unfashionable pants, trouble of wearing, etc).
- 41. I got enough coverage, then was treated for prostate cancer which ended easy erections.
- 42. ED got so bad had penile implant placed
- 43. I made great gains by stretching the scar tissue. I remain at around C6. I do not believe further restoration would have resulted in more skin.
- 44. Not enough skin to use the \$100 device that now sits in a drawer
- 45. Uncomfortable devices, difficult to stay motivated
- 46. Painful and inconvenient
- 47. It wasnt garnering results
- 48. restoration caused vascular issues with penis
- 49. All the above. Plus I want my skin that is missing to be regrown the way it's supposed to be through stem cell technology aka Foregen
- 50. I reached to a level that is just below my target and I preferred not to continue considering my age and the inconvenience that the tugger causes.
- 51. I was afraid to hurt myself with the tool I bought and didn't see a doctor before
- 52. Devise restricted blood flow in the trapped skin. Increase in foreskin size bunched behind glans and did not go over the head due to absence of frenulum.
- 53. Fear of damaging my body permanently, and afraid of pulling more pubic hair further up my shaft/into foreskin
- 54. wouldnt let me select all... all except too costly
- 55. I had episodes of blood in urine after orgasm. Stopped treatment and stopped using cock ring at same time. Blood stopped but may have been coincidence.
- 56. Religious pressure to deny sexual pleasure
- 57. interfered with sex in a new relationship
- 58. Progress halted.
- 59. Circumcision was so tight that there was little hope, but I doubled the amount of skin.
- 60. Still wish to continue, but moved in 2012 to a climate where I no longer wear long pants and my tigger strap would be visible. I still very occasionally do manual tugging in bed at night, but I don't like doing it.
- 61. reasonably satisfactory, but doesn't stay covered
- 62. too little skin to use device
- 63. Pain in the shaft. Urologist said to stop restoring. He had never heard of restoration.
- 64. painful
- 65. uncomfortable/embarrassing to wear device
- 66. can't choose all that apply. 2,3, and 6
- 67. Time consuming, too much trouble, lost patience, unpractical for daily live routine. Device is noticeable while wore on
- 68. Painful, poor fit of devices. uneven circumcision / not enough skin on one side
- 69. Wasn't meeting goal, but also started developing pain related to restoration attempts
- 70. Each time I spiralled into suicidal tendencies
- 71. I felt it was pulling additional hair forward onto my shaft, and increasing scrotal webbing, which I found unacceptable

- 72. Bad experience. Applied too much tension and awoke to pain. Penis skin developed stretch-like scars.
- 73. A combination of not meeting goals, discomfort from the device, losing hope it was going to work.
- 74. I ultimately want to use Foregen to regenerate a foreskin. I thought why completely restore when it may need to be cut off for regeneration. I still have enough growth to keep me happy until then.
- 75. Slow progress and need for privacy when tugging
- 76. I landed short of my goal (CI-3 to 4 range), but ultimately made peace with the situation and did achieve many benefits of restoration that I ultimately felt were enough for me to be satisfied. Most other factors above applied.
- 77. Was not able to wear device during work as my job is highly active and was very uncomfortable.
- 78. didn't have the necessary accessories
- 79. got problems with skin irritation/fungus, had to pause for a long time to get rid of
- 80. painful, visible to others, lost patience
- 81. Having no shaft skin on the underside of the penis would make for unsatisfactory end results.
- 82. I stopped because at a certain point the act of restoring started bringing more negative emotion for me, although the overall experience I would say decreased negative emotion.
- 83. Accidental injury provoking mild peyronies
- 84. Life took over with other priorities making it difficult to maintain my motivation/discipline
- 85. I felt like it wouldn't let my testicles cool enough. In a warm environment, after a few weeks, I noticed a decrease in libido, which improved in the weeks following the pause in recovery.
- 86. lifestyle change made it less convenient
- 87. I got many of the benefits that I sought without actually meeting my goal for head coverage.
- 88. Psycologically it actually made things worse for me. It increasted my distress in having to go through with this to regain coverage, and realising that in my heart I would always know that I was incomplete
- 89. Pain from stretching of shaft follicles
- 90. much difficult and time needed
- 91. Was demotivated. Equipment was daunting and slightly intimidating.
- 92. All of the above, but it won't let me select more than one.
- 93. Too time consuming, too much trouble, and not worth it. I wasn't that hung up about not having a foreskin
- 94. Even with skin growth, sensation hadn't improved at all. Also realization it would not be the real thing and instead is just a fake imitation, especially since nerves cannot be regrown.
- 95. No longer felt like I needed or wanted it, accepted circumcision as overall beneficial regardless of ambiguous emotions
- 96. worried about further damage
- 97. Injury
- 98. too much risk of device falling off or being noticed in public; not comfortable
- 99. Military commitment made it difficult due to constant physical activity, just had no way or time to restore
- 100. Traveled for job and often had to use restroom in a hurry.

### RESTORATION MOTIVATIONS, GOALS AND RESULTS

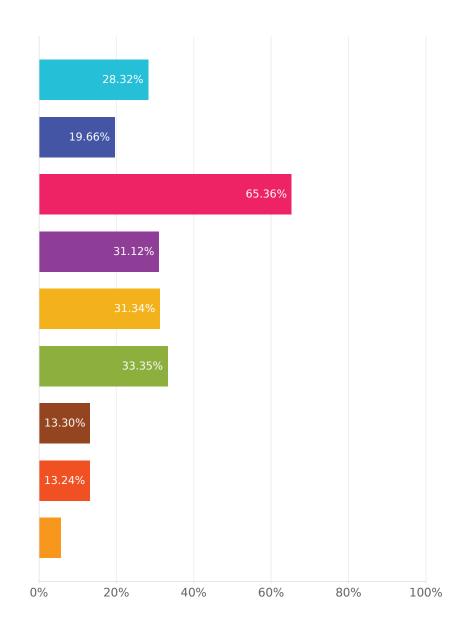
Q25

Before starting restoration did you experience any of these emotions/feelings related to your circumcision?

[select EITHER 'none' ...OR as many of the other choices that apply]



- isolation
- dissatisfaction /distress
- helplessness
- hopelessness
- depression
- suicidal thoughts
- thoughts of harming those responsible
- Other (Please specify; 100 character limit)



Choices	Response percent	Response count
none	28.32%	507
isolation	19.66%	352
dissatisfaction/distress	65.36%	1170
helplessness	31.12%	557
hopelessness	31.34%	561
depression	33.35%	597
suicidal thoughts	13.30%	238
thoughts of harming those responsible	13.24%	237
Other (Please specify; 100 character limit)	5.75%	103

- 1. wished I was a different sex at a very young age so I couldn't have been harmed.
- 2. Anger frustration of not having consent
- 3. Envy towards those who were intact
- 4. Felt penis was ugly.
- 5. Disapointment, I saw my penis as damaged, which it is.
- 6. self harm (desire for cutting off penis
- 7. felt sexually assaulted
- 8. anger
- 9. Infantile mutilation, lack of a choice
- 10. Irritation with a society that refuses to look at facts and possible complications.
- 11. Just dysfunctional as I require stimulation to get erect
- 12. Anger at women
- 13. Regret the loss of sensitivity.
- 14. Self harming
- 15. I'm the only circumcised male of all my first cousins and uncles. They made me feel like the black sheep. Also, very tightly cut, so lots of pain.
- 16. Frustration that doctors didn't offer alternatives to circumcising
- 17. Vulnerable
- 18. Wanted some slack skin for more comfortable sex
- 19. regret

- 20. Shame, low self esteem
- 21. It wasn't warts water blisters
- 22. inadequate sex partner, loss of sensitivity in a moist head
- 23. dissatisfaction
- 24. The long haul of stretching to get anywhere near what I wanted was depressing.
- 25.
- 26. legally raped
- 27. Gender dysphoria
- 28. Pissed that someone would take it upon them self to make such a decision to mutilate someone's genitals
- 29. Felt cheated out of my birthright.
- 30. abused
- 31. Embarrassment
- 32. not any of these at the time of starting restoration. More just something I can try without other people knowing.
- 33. Anxiety
- 34. jealousy
- 35. complete disallusion to the quaalities of my country
- 36. anger
- 37. a feeling of rage that surpasses hatred, anger towards infant-period caregivers
- 38. more than none but less than other boxes
- 39. Just wanting more pleasure with my penis as those who are uncircumcised
- 40. Fear of being rejected or dismissed by family and others. High concern over relatives and friends having kids. (Worrying that they might circumcise their sons.)
- 41. embarrassment, inadequacy
- 42. bit annoyed i don't have foreskin
- 43. SADNESS
- 44. Orgasm is a bodily function. It is not supposed to be very difficult to do. The less satisfying it is, the more you seek that satisfaction. It is not supposed to be an exercise in frustration.
- 45. Jealousy. Most guys in porn could either stroke skin onto the head, or were intact.
- 46. All of the above but didn't understand why until I had been restoring for awhile.
- 47. I would injure my genitalia because of it was not mine and it was broken
- 48. Very unhappy that I was cut and my younger brother was not. He is 33 months younger.
- 49. Tried to make the best of a bad thing.
- 50. Envy of intact men
- 51.
- 52. Fear of someone having a baby boy
- 53. anger
- 54.
- 55. Having a very healthy libido, it was frustrating to be unable to orgasm during normal sex.
- 56. Shame, anxiety
- 57. Lonesomeness, like I'm the only person who thinks foreskin matters.
- 58. Anger; Resentment; Violation

- 59. There were times of white-hot rage which set me at odds with this country which I love for not only allowing this to continue for so long, but making an avaricious industry out of sadism.
- 60. Resented the choice being made for me
- 61. Anger
- 62. Thoughts of harming mutilators of children is an undertatement. More like constant fantasies of killing them all, starting with the wors offenders.
- 63. I wish I had done something to them.
- 64. Betrayal by parents/doctors. A victim of someone else's perverse beliefs and refusal to question what was done to me.
- 65. Wanted to know what having a foreskin was like, and maybe along the way have a personal understanding of why circumcision became "a thing."
- 66. I was truly hurt when I realized what was missing
- 67. Disliked the look of my penis.
- 68. Anger towards parents and society in general
- 69. Frustration
- 70. Humiliation at school teasing. Anger at lack of understanding from ex partner
- 71. fury and apathy
- 72. anger that it still happens without consultation or explanation
- 73. rage at society, particularly religions that promote/mandate this
- 74. Profound Anger, and Antipathy
- 75. No one cared about men or boys
- 76. Betrayal from my parents and society.
- 77. Missed foreskin I guess
- 78. Inferior, less whole
- 79. Felt fustrated with not feeling anything during sex
- 80. Callousness
- 81. anger, cheated, victimized,
- 82. Shame for being upset about it when it's so normalized
- 83. Hatred; intense rage
- 84. Anger, this was my body that someone chose to make a decision for. Two, now my dick is damaged and is indirectly responsible for dampening my sex life.
- 85. Jealousy
- 86. fun and even some excitement
- 87. Naked feeling
- 88. hate
- 89. anger/frustration
- 90. dissatisfaction with my body, a deep sense of loss
- 91. Also, Anger, Frustration, Sadness, Regret,
- 92. anger
- 93.
- 94. embarassment
- 95. Some social anxiety
- 96. Being incomplete, unnatural, butchered
- 97. Contentedness

98. Deep loss. Felt unable to every experience full sexual pleasure.

99. anxiety

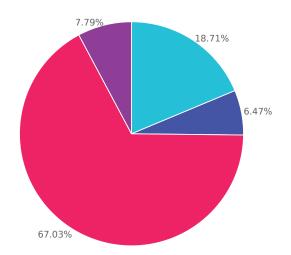
100. A sense of loss. The sexual pleasure is gone.

#### Q26

## What effect has restoration had on those emotions/feelings? [select one]

Answered: 1283 Skipped: 507

- none / not helped those feelings
- increased those feelings
- eased those feelings somewhat
- eliminated those feelings

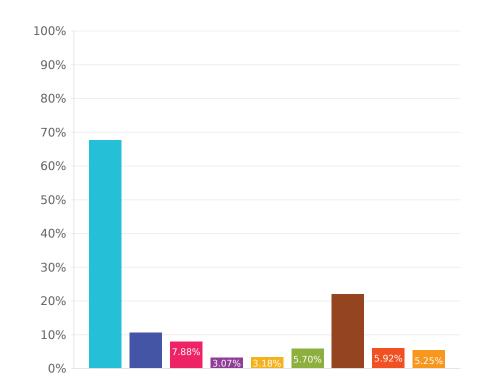


Choices	Response percent	Response count
none / not helped those feelings	18.71%	240
increased those feelings	6.47%	83
eased those feelings somewhat	67.03%	860
eliminated those feelings	7.79%	100

Before starting restoration, did you engage in any of these behaviors to cope with your circumcision distress?

## [select EITHER 'none' ...OR as many of the other choices that apply]

- none
- drinking alcohol
- smoking tobacco or cannabis
- nonprescription/s ocial/street drugs
- prescription drug use
- compulsive eating
- sexual compulsivity: increased number/frequ ency of sexual experiences to compensate for poor quality sexual experiences
- infliction of self-harm: pinching, bruising, cutting, biting, hair plucking, burning, scarring, piercing
- Other (Please specify; 100 character limit)



Choices	Response percent	Response count
none	67.60%	1210
drinking alcohol	10.45%	187
smoking tobacco or cannabis	7.88%	141
non-prescription/social/street drugs	3.07%	55
prescription drug use	3.18%	57
compulsive eating	5.70%	102
sexual compulsivity: increased number/frequency of sexual experiences to compensate for poor quality sexual experiences	21.96%	393
infliction of self-harm: pinching, bruising, cutting, biting, hair plucking, burning, scarring, piercing	5.92%	106
Other (Please specify; 100 character limit)	5.25%	94

- 1. penis tattoo and genital piercings
- 2. open contempt of religious paedophiles
- 3. Compulsive working out
- 4. Its hard to say what was from that distress, or just the depression I felt at the time, too.[
- 5. socially acceptable 'exhibitionism' such as nude modeling for artists
- 6. Improper tools and materials lead to many instances of foreskin damage in attempts to restore
- 7. I started restoring in elementary school
- 8. porn, avoiding close relations
- 9.
- 10. Performed sexually too fast to feel
- 11. Disliking the country I was born in and its culture
- 12. Avoided sexual contact
- 13. negative self talk and self shaming
- 14. Dissapointment
- 15. Not sure, I know my mental health issues are tied to circumcision but don't know the extent and how my coping mechanisms relate
- 16. I wish...was this all an option? Never crossed my mind.
- 17. Isolation
- 18. Water blisters
- 19. increased Masturbation

- 20. Ignoring, not looking or touching
- 21. Foreskin OCD! I'm always trying to find an uncircumcised ideal partner... It's probably an addiction!
- 22.
- 23. Relationship with parents strained due to lack of remorse, "They told us to get one now because if we come back later it won't be free."
- 24. I forcefully tried to pull my foreskin over my glans and one time even tried to glue it together
- 25. obsessive reading about circumcision, often while masturbating
- 26. Hid myself in male-naked situations
- 27. Almost cut my penis completely off.
- 28. it made me less active as felt incomplete
- 29. Sex addict
- 30. Masturbating to images of intact penises
- 31. I had a lot of other issues going on; it really upset and disturbed me as I became more conscious of what they'd actually done.
- 32. Masturbated more made love less.
- 33. fetishizing the procedure to the point I cannot orgasm without thinking about infant circumcision
- 34. none
- 35. Foreskin and Circumcision kink
- 36. Counciling
- 37. therapy
- 38. Atempted restoration with homemade devices (i.e., film cannister & tape). No success.
- 39. Eating disorder anorexia, excessive escapism in media, over exercising,
- 40. Originally cut low and very loose. Age and weight gain caused shaft skin to occasionally cover part of glans. I enjoyed the feeling and appearance. Became curious as to what complete coverage would feel like.
- 41. avoiding intimacy and relationships
- 42. Sexual compulsivity to compensate for poor experiance was always an issue for my wife and I, but niether of us had the slightest idea of the harm done by circumcision
- 43. More distance around people
- 44. Breaking things
- 45. I go obsessively to the gym because physical exhaustion is the only thing that relaxes me.
- 46. I used lots of porn to enhance my sexual experience.
- 47. Partly N/A, as I began restoration immediately upon learning circumcision's issues, and channeled frustrations there
- 48. Protesting circumcision, in person and online
- 49. Anorexia Nervosa
- 50. I coped by speaking out to protect innocent children from similar harm.
- 51. I was 13, and small town with limited access, the internet and forums were my escape.
- 52. I was careless to be rough with my penis because I had to be rough to feel pleasure
- 53. video game
- 54. possible compulsive eating and sexual compulsion, but not specifically associated to frustration over mutilated genitals
- 55. I never attributed all of those to being cut, but I'm sure there's a possibility it could've been a partial reason
- 56. Electrolysis of shaft hair

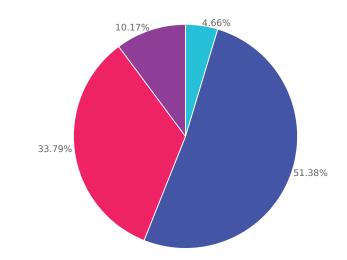
- 57. abandoned lucrative career to study biology and regeneration
- 58. Isolation from family, and country, as well as only playing video games to distract my mind
- 59. I almost killed myself
- 60. mastrubated more, since it also tuggs, even if it's only 5/10
- 61. Withdrawal. I would withdraw into myself and just silently rage and cry
- 62. Avoiding sexual activity for many years because of shame and self esteem over how my circumcision looks
- 63. Too hard to say what thing I'm coping with specifically.
- 64. (Began restoration in Elementary school)
- 65. Fixation on body/genital modification
- 66. I avoided sexual activity due to shame about how my circumcised penis looks
- 67. Avoidance of sexual encounters to avoid worsening negatives thoughts about myself and the fact that thanks to my mutilation it is basically just a hose for urine and not worth anything more.
- 68. Porn use
- 69. I can't draw a direct line, as i already had poor self worth outside of restoring.
- 70. Tried to construct an artificial cloth foreskin
- 71. Extensive opiate abuse.
- 72. Crying myself to sleep
- 73. Had many piercings in my penis and scrotum to try and get some sensitivity
- 74. compulsive masturbation in combination with drugs
- 75. therapy counselings
- 76. Sleep deprivation through compulsive researching of circumcision late into the night
- 77. negative self-talk
- 78. anorexia/eating disorder
- 79. I fully expressed my anger to my mother with righteous indignation, fully blaming and accusatory 80.
- 81. Hid myself in male-naked situations
- 82. circumcision distress has not been the primary cause of these, but it has been underlying and adding to existing stresses and coping behaviors, including excessive pornography and masturbation
- 83. Crying, emotional breakdowns, obsessive thinking
- 84. Not sure because I've got a lot going on
- 85. Wallowing in depression. Acting obsessively over it.
- 86. Dug use and alcohol were used but not for those reasons.
- 87. Enjoyed having a decent looking penis
- 88. more high risk sexual activity like urethral sounding
- 89.
- 90. suffer in silence: (see answers at question 22).
- 91. Porn
- 92. tried to talk friends out of circumcising their boys
- 93. I developed a porn addiction as I was too self conscious to be with anyone sexually .
- 94. My Circumcision was not botched or poorly performed. I'm not a Christian, but an atheist or agnostic. Not interested in vices or any of this stuff above.

# After starting restoration, how has the level of these behaviors changed? [select one]

Answered: 580 Skipped: 1210

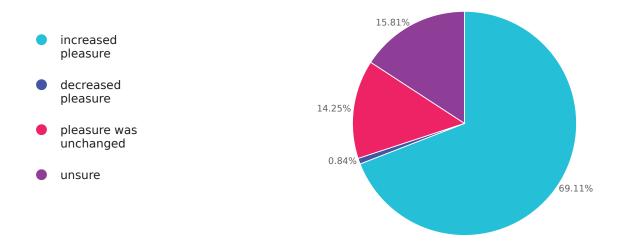


- decreased those behaviors
- those behaviors remain unchanged
- eliminated those behaviors



Choices	Response percent	Response count
increased those behaviors	4.66%	27
decreased those behaviors	51.38%	298
those behaviors remain unchanged	33.79%	196
eliminated those behaviors	10.17%	59

# During and/or after restoration how did the sensations to your penis change? [select one]



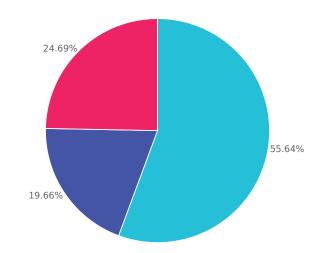
Choices	Response percent	Response count
increased pleasure	69.11%	1237
decreased pleasure	0.84%	15
pleasure was unchanged	14.25%	255
unsure	15.81%	283

#### RESTORATION MOTIVATIONS, GOALS AND RESULTS

Q30

During the majority of your restoration process what was your partnership status? [select one]

- Partnered
  with a
  significant
  person in your
  life: Married,
  Civil Union,
  Domestic
  Partnership,
  Co-Habitating
  or
  Monogamousl
  y Dating
- Unpartnered: Single, Divorced, Separated, Widowed AND nonmonogamousl y active with one or more intimate partners
- Unpartnered:
  Single,
  Divorced,
  Separated,
  Widowed AND
  NOT
  intimately
  active with
  anyone

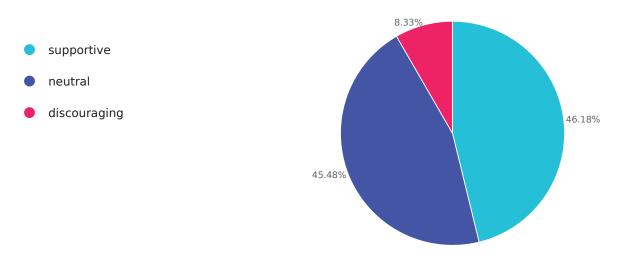


Choices	Response percent	Response count
Partnered with a significant person in your life: Married, Civil Union, Domestic Partnership, Co-Habitating or Monogamously Dating	55.64%	996
Unpartnered: Single, Divorced, Separated, Widowed AND non-monogamously active with one or more intimate partners	19.66%	352
Unpartnered: Single, Divorced, Separated, Widowed AND NOT intimately active with anyone	24.69%	442

Q31

# If partnered during your restoration, what was your partner's overall attitude toward your restoration? [select one]

Answered: 996 Skipped: 794



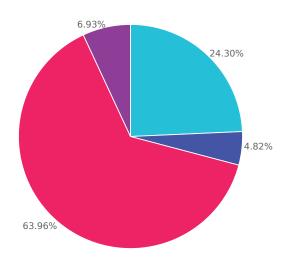
Choices	Response percent	Response count
supportive	46.18%	460
neutral	45.48%	453
discouraging	8.33%	83

# If partnered during your restoration, what effect did restoration have on your relationship? [select one]

Answered: 996 Skipped: 794



- worsened my relationship
- had no effect on my relationship
- Other (Please specify; 100 character limit)



Choices	Response percent	Response count
improved my relationship	24.30%	242
worsened my relationship	4.82%	48
had no effect on my relationship	63.96%	637
Other (Please specify; 100 character limit)	6.93%	69

- 1. She didn't know, had to hide it
- 2. For Q28: She felt I was tormenting myself through the restoration procedures and felt sorry, but overall understanding and supportive. Q29: We're ok))
- 3. Felt trusting in relationship in that I could share insecurities
- 4. Wife has noticed and enjoys the extra skin and claims it feels more comfortable during sex
- 5. While my partner can sometimes become stressed due to my distress, his support and understanding has brought us closer.
- 6. Partner annoyed penis was not available at bedtime.
- 7. Partner did not know.
- 8. Haven't discussed. Only now do I occasionally have coverage when flaccid
- 9. Don't know
- 10. I couldn't use the product.
- 11. Restoration not disclosed

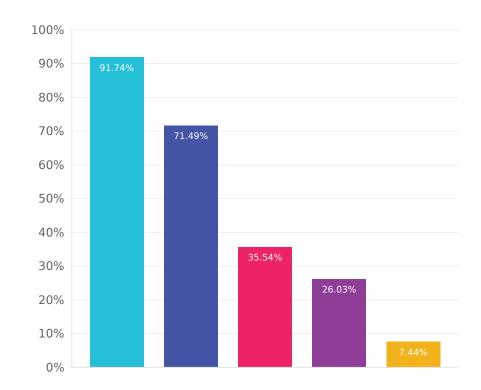
- 12. Reluctant at first, and scared as she liked my penis the way it was. Coming around.
- 13. enhanced sexual relations (for me)
- 14. Restoration was not achieved.
- 15. parnter did not know, sex did not improve, restoration did not work very well
- 16. Partner did not know I was doing it. I kept it secret
- 17. My restoration & being an intactivist have became a large part of my life & we've had to make adjustments to our relationship.
- 18. Tried to hide it.
- 19. looks weird to him
- 20. Restoration was kept from partner, was unaware
- 21. Wife is unaware of restoration
- 22. she never really understood why I was restoring
- 23. He is grossed out and confused by my decision to restore. So he stays out of the topic.
- 24. after several births penetration was increased and I would pull out scrotal pubic hair which wife approved of
- 25. haven't told her yet.
- 26. Worsened initially. She thought it was unattractive for me to wear a device. Sex life suffered. I felt I had to restore in secrecy. Months later, she became supportive. She said the problem was that she did her own research & found weird stuff.
- 27. It's been very difficult. My intact partner wants to hell and be supportive but he doesn't really know how.
- 28. Partner unaware
- 29. My female partner has gone through menopause and her natural lubrication has decreased. The extra skin I have grown has made sex for her less irritated, less lube needed
- 30. My partner is supportive but wishes I would just accept what happened, which is very frustrating for me,
- 31. Caused some interpersonal stress
- 32. It lead to some difficult arguments and discussions but ultimately being mutilated has had way more effect.
- 33. Very hard to say, my boyfriend never comments on it, and he's never too enthusiastic about engaging my penis (understandable given my history of erectile disfunction)
- 34. Partner is currently unaware
- 35. 1st partner disproved of my restoration, 2nd one approved of it, 3rd one doesn't know about it
- 36. It was neither improved nor worsened, but it did have an impact. We had to talk about it and work through it as a couple.
- 37. Our sexual times now are super hot, he loves my restoring, the look and especially the scent of my cock
- 38. It provided a source of stress and complication
- 39. have not had sex for several years prior to starting restoration. She has no knowledge of my restoration that I'm aware of.
- 40. My wife has been a bit dismissive of my restoration efforts, but appears to appreciate the lesspainful intercourse
- 41. My wife chalked it up to another of my quirks.
- 42. Improved intercourse. Less pain for her! But I am angry that we thought it was "her" issue for 16 years.
- 43. partner revealed ignorance to the subject and regret that her 2 sons had been subjected to the same, and convinced daughter to allow grandson/son to remain intact/natural
- 44. My partner is unaware of my restoration.

- 45. She does not know
- 46. Both. Made spontaneous sex impossible. But felt very supported by her
- 47. Improved in particular because I feel less shame when interacting intimately.
- 48. Mostly restored (CI-9) when we met
- 49. Too early to tell.
- 50. Partner is not yet aware of my restoration.
- 51. Doesn't know about it i just started a month ago
- 52. Am early on in the restoration process, maybe a ci-4, have kept my restoration a secret ashamed to bring it up though I know I will have to as more progress is made
- 53. Partner doesn't know
- 54. Doesn't know
- 55. Both positive and negative at times due to the rollercoaster of feelings as my awareness of circumcision increased
- 56. i have not yet told my partner
- 57. We're going through a rough patch related to my porn addiction and sexual anorexia. Perhaps the increased feelings of "being whole" are slowly helping
- 58. It has made things very complicated, My wife is supportive but doesn't activity ask about it.
- 59. sometimes my lack of sensitivity hinders me from being able to enjoy sex, and therefore i have to stop in the middle of it sometimes
- 60. I actually just started today so I haven't experienced any sort of differences to anything yet
- 61. Caused a bit of embarrassment on my end
- 62. He doesn't know I'm restoring
- 63. Improved our communication but did not improve my premature ejaculation which was my main goal.
- 64. She thought I was being petty for wanting to be whole and I should just suck it up
- 65. I haven't told him.
- 66. Not enough time to tell
- 67. Didn't really worsen but partner really didn't care at all about it, in a negative tone
- 68. lots of ups and downs. disapproval with acceptance that I can't undo my growth
- 69. Although I have put in a lot of effort, the result is little. I am still trying to get better result and that gives me hope..

### If partnered, in which way(s) did restoration improve your relationship? [select all that apply]

Answered: 242 Skipped: 1548

- sexually improved
- emotionally improved
- intellectually improved
- spiritually improved
- Other (Please specify; 100 character limit)



Choices	Response percent	Response count
sexually improved	91.74%	222
emotionally improved	71.49%	173
intellectually improved	35.54%	86
spiritually improved	26.03%	63
Other (Please specify; 100 character limit)	7.44%	18

- 1. My partner had dryness in her Vagina and restoration helped during penetration immensely..
- 2. Sex has been easier and more satisfying for us both.
- 3. At first my wife didn't understand why which made it hard on me but later realized what it meant to me and became supportive which was huge to me
- 4. Eliminated painful intercourse for wife, enabled simultaneous orgasms
- 5. Increased Admiration in part due to Determination
- 6. My wife became super supportive after she realized it fixed ED & other improvements.

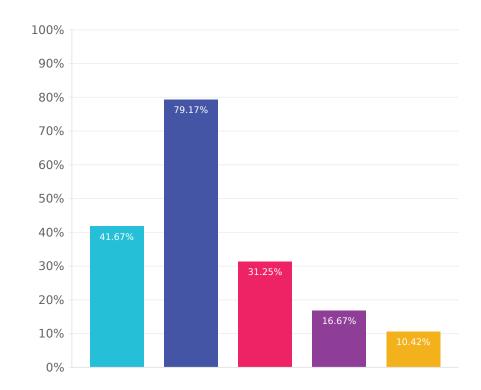
- 7. I learned to focus on lighter touch sensations rather than fourcing an orgasm through excesive thrusting
- 8. I was able to speak openly about my feelings and became more interested in making her happy and having a better sex life
- 9. I can now look my beloved wife in the eyes and feel like a whole man; not the sexual cripple that I was. Manhood is important.
- 10. My wife after a few years of restoring had way more fun with my loose shaft skin
- 11. Greater skin mobility and gliding action. As a result were able to stop using lube completely.
- 12. Still completing, I haven't been able to orgasm from sex and I attribute it to Circ
- 13. the support of my partner makes me love her even more
- 14. Was more confident with body image and that related to increased Public display of affection
- 15. My partner is intact, and restoring has helped us engage in sex in a way that is more equitable and pleasing (male partner).
- 16. Helping me release repressed trauma that caused me not to take care of myself
- 17. Validation
- 18. Discussions on mind-body connection and the right of the individual over their body; my wife changed her view of circumcision and is now against it.

### If partnered, in which way(s) did restoration worsen your relationship? [select all that apply]

Answered: 48 Skipped: 1742



- emotionally worsened
- intellectually worsened
- spiritually worsened
- Other (Please specify; 100 character limit)



Choices	Response percent	Response count
sexually worsened	41.67%	20
emotionally worsened	79.17%	38
intellectually worsened	31.25%	15
spiritually worsened	16.67%	8
Other (Please specify; 100 character limit)	10.42%	5

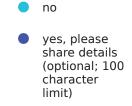
- 1. Wife prefers circumcised mainly because of hygiene and appearance. She claims that the friction is more satisfying
- 2. My BF is insecure, thinks I want him to restore too
- 3. Wife struggled to understand my need to be whole, initially discouraged but a few years in she supports me
- 4. The ever increasing shame and negative feelings caused all sexual activity in said relationship to become non-existent to the point no sexual activity has happened between myself and them or anyone else for quite a long time.

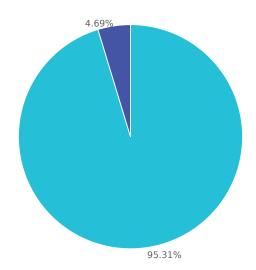
5. She thinks foreskins are gross		

#### RESTORATION MOTIVATIONS, GOALS AND RESULTS

Q35

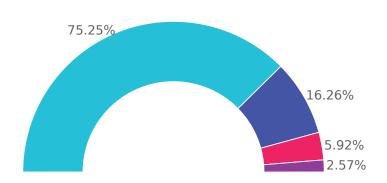
In an overly eager effort to restore, some people are too aggressive with the process and can hurt themselves. Did your restoration efforts result in any bodily damage that required professional medical attention?





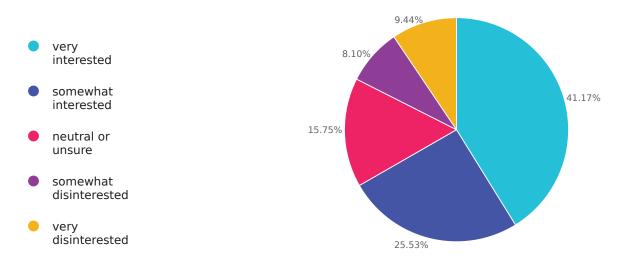
How much money do you estimate you've spent related to your circumcision distress and throughout your restoration process? Examples include but are not limited to: restoration devices, tape, cleaning supplies and other accessory products, doctor visits, mental health services, etc. [select one]

- US\$500 or less
- US\$500 toUS\$1000
- US\$1000 or more
- unsure or prefer not to state



Choices	Response percent	Response count
US\$500 or less	75.25%	1347
US\$500 to US\$1000	16.26%	291
US\$1000 or more	5.92%	106
unsure or prefer not to state	2.57%	46

There is ongoing research in regenerative medicine to safely and effectively regrow a foreskin on the circumcised person's penis with their own tissue. Had this method been available at a possible cost of US\$10,000, how interested would you have been to choose this option before you began restoration, and/or to choose this option in the future?



#### COMMUNICATION WITH OTHERS: NON-PROFESSIONALS

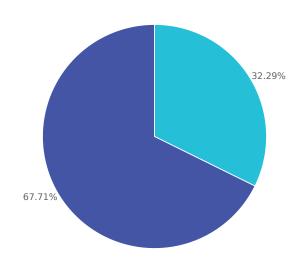
Q38

Do you know others who have engaged or are engaging in restoration?

Answered: 1790 Skipped: 0



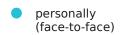




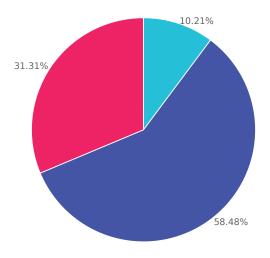
Q39

How do you interact/communicate with these restorers?

Answered: 578 Skipped: 1212

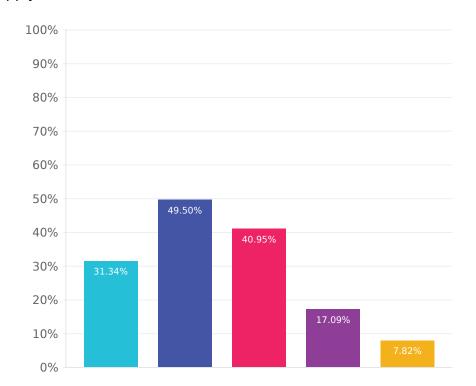


- virtually (via internet/telep hone)
- both personally and virtually



# With which other non-professionals have you talked about restoration (before, during or afterwards)? [select all that apply]

- no one
- partner/signifi cant other
- friend(s)
- family
- Other (Please specify; 100 character limit)

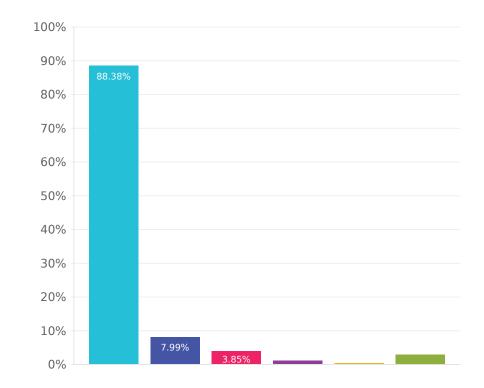


#### COMMUNICATION WITH OTHERS: PROFESSIONAL HELP SOUGHT

Q41

Which professionals did you seek help from to monitor your restoration (before, during or afterwards)?

- no one
- medical professional: urologist, primary care physician, plastic surgeon
- mental health professional: psychologist, psychiatrist
- sexologist, sex therapist
- spiritual counselor
- Other (Please specify; 100 character limit)



Choices	Response percent	Response count
no one	88.38%	1582
medical professional: urologist, primary care physician, plastic surgeon	7.99%	143
mental health professional: psychologist, psychiatrist	3.85%	69
sexologist, sex therapist	0.95%	17
spiritual counselor	0.22%	4
Other (Please specify; 100 character limit)	2.85%	51

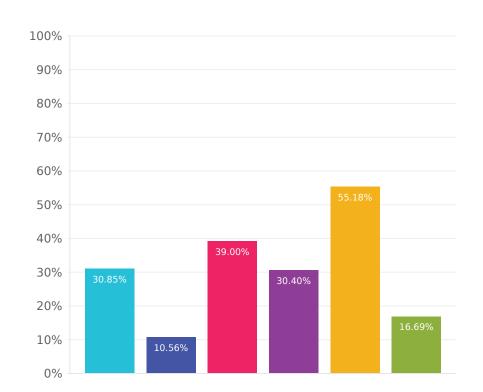
- 1. GP referred
- 2. Surgeon used restored tissue to create sensate clitoral hood
- 3. son, we didn't circumstance our boys
- 4. The restoration community! Thank you to all.
- 5. online forum
- 6. No professionals, but a community of Restorers on 4chan who spoke often and shared ideas and help.
- 7. GUM
- 8. Manufacturer
- 9. Ron on a rare occasion
- 10. I was seeing a mental health professional but mainly for general anxiety.
- 11. The supplier of the product I use
- 12. Online Forum
- 13.
- 14. On line site research
- 15. They gaslighted me.
- 16. See response to question 33.
- 17. I feel I should point out that "professionals" did this to me in the first place, they're the last people I'd ask for help on this matter
- 18. Online forums
- 19. Just you folks opened my eyes that there was help. Thanks
- 20. Emailed request for tightening, refused
- 21. Asked primary once. Unhelpful and felt like they were laughing at me for it.
- 22. Aside from people selling devices no one, it's embarrassing to have to asked to be fixed.
- 23. I'm an MD
- 24. i told my doctor i was restoring, but no medical input was required of her

- 25. Couples counselor on the mental trauma and in regards to talking to my fiancé about my restoration, and wanting him to restore as well.
- 26. Never sought aid or care. But have discussed actions and results with a couple of medical professionals.
- 27. Had a tightening procedure done but came to regret it as having been unnecessary
- 28. Printed literature i.e. Jim Bigelow's Joy of Uncircumcising
- 29. In many cases I find that I know more than most "professionals"
- 30. Not professional but my parents: if they wanted to make this decision when I was born then they need to support me now & pay for my restoration.
- 31. I restored all on my own. I came up with the Andre's Method to restore.
- 32. Told urologist how terrible genital mutilation is.
- 33. Internet strangers
- 34. I am a medical professional
- 35. Restoration forum members
- 36. dermatologist
- 37. Met the author of one of the books about restoration.
- 38. People who sell foreskin restoration devices.
- 39. counselor
- 40. Family friend
- 41. but the urologist wanted to cut out more
- 42. No one because make gentian mutilation isn't taken seriously.
- 43.
- 44. briefly explored surgical restoration with genital surgeon
- 45. Medical doctor caused it, I didn't trust them to discuss reversing, still don't.
- 46. not technically about restoration, but I did eventually see a urologist about removing my skin bridges after significant coaxing
- 47. Partner
- 48. A sex therapist I consulted about erectile dysfunction asked me if I had considered restoring!
- 49. Brought it op with doctor once but they were unsupportive
- 50. I don't trust doctors anywhere near my genitals now
- 51. Want Foreskinned devices. Did research online, have used TLC Tugger devices from Ron Low, used all the DTR devices from Chuck Torres. Have used Andre's manual stretching methods as well.

If you answered 'no one' to the previous question, what was (were) your reason(s) for NOT consulting with a professional? [select all that apply]



- not important enough
- lacked money
- too embarrassed
- feared ridicule
- hopeless/didn' t think they would be knowledgeabl e or supportive
- Other (Please specify; 100 character limit)



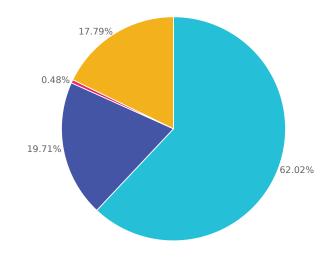
o43

If you consulted with one or more professionals, what was their gender? [select one]

Answered: 208 Skipped: 1582

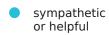


- woman
- intersex
- transgender
- more than one of the above, because I went to more than one professional

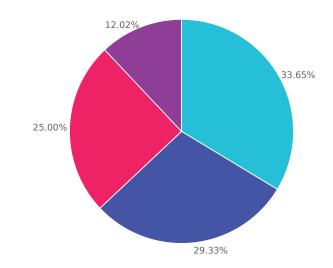


# Please describe their attitude toward your concerns.

Answered: 208 Skipped: 1582

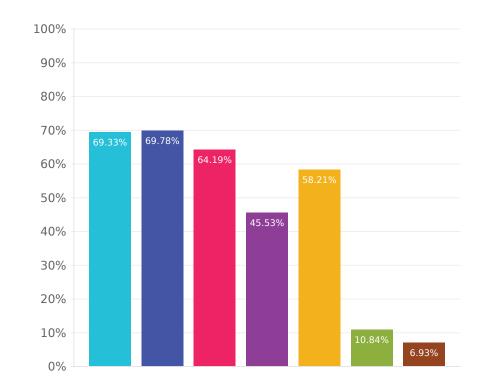


- neutral or nonjudgment al
- unsympatheti c, dismissive, ridiculing, unhelpful
- attitudes varied because I went to more than one professional

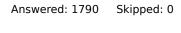


Whether or not you sought professional help, what do you believe are the biggest obstacles keeping those distressed about their circumcision, or who are pursuing restoration, from seeking help from the medical and/or mental health professions? [select all that apply]

- professionals have insufficient awareness/co mpassion for those with circumcision distress
- professionals have insufficient awareness/co mpassion for those seeking restoration
- professionals have insufficient education/kno wledge about foreskin anatomy and functions or the harm that circumcision inflicts
- patients lack trust in the advice or ability of these professionals to help
- patients are fearful, embarrassed or don't want to risk ridicule by professionals
- unsure
- Other (Please specify; 100 character limit)

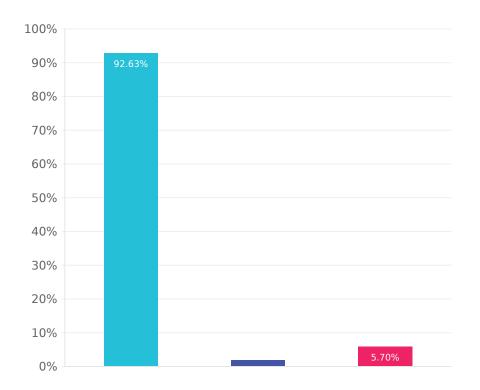


Whether or not you consulted a professional, do you think it is important for professionals to be familiar with circumcision distress and foreskin restoration issues? [select one]





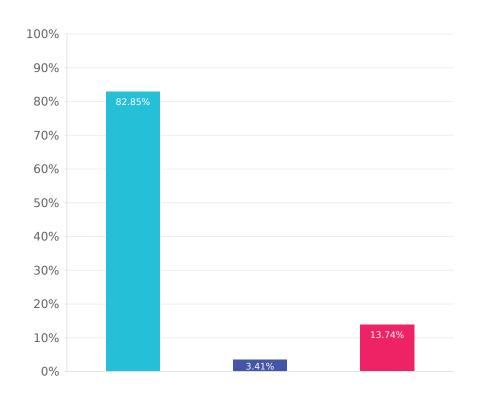




Do you believe that medical and mental health professionals should receive special training to address concerns of those distressed by unwanted circumcision and/or those seeking foreskin restoration? [select one]



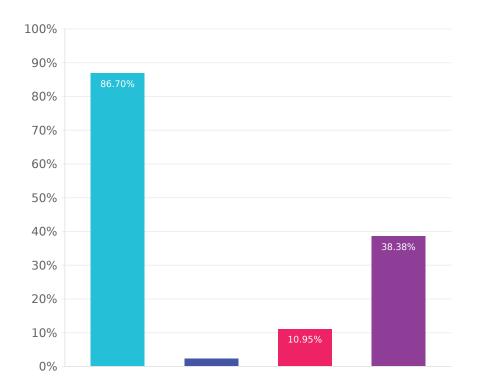




Would you recommend foreskin restoration to others who are distressed by their circumcision? Briefly explain why or why not (optional).

Answered: 1790 Skipped: 0





Choices	Response percent	Response count
yes	86.70%	1552
no	2.18%	39
unsure	10.95%	196
Reason (optional; 100 character limit)	38.38%	687

Reason (optional; 100 character limit)

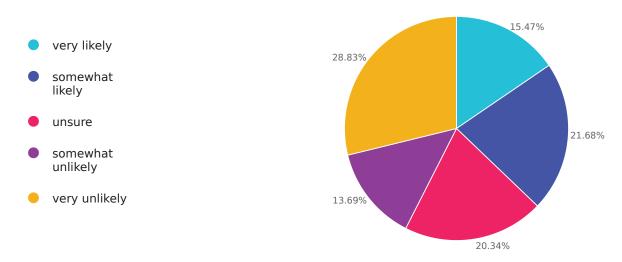
- 1. It gives you a sense of taking back some control of your body.
- 2. So far it worked quite well for me, as it could for others
- 3. takes too long
- 4. Depends on whether somebody understands that this is just to address issues with the violation of your body. It is not the reason for all of your problems.
- 5. Restoration works. It takes time, but the benefits are tangible all the way through the process, and the journey itself is an amazingly positive experience.
- 6. It's a taboo topic and not something I'm comfortable talking about. Also my lack of completion of the process makes me feel like I failed.

- 7. They might reach a beneficial end.
- 8. It can regain coverage that looks whole and complete the ideal state
- 9. doesn't hurt to try and if you're persistent, I believe you will see some results
- 10. even if you give up you learn to understand the reasons behind circumcision and learn to live with your misfortune and stop the cycle on your own kids.
- 11. It offers the hope of empowerment.
- 12. Good exercise in reclaiming your body / body image, no matter how successful
- 13. No, there are too many fly by nights with regards to this very sensitive subject and many prey upon this because of the subject matter.
- 14. Can reverse most of the damage of circumcision
- 15. The result, so far, is the next best thing after having an intact foreskin. It makes me feel better, and gives me courage to reach my CI7-8 goal.
- 16. It's worth the effort for those that really suffer from their circumcised status.
- 17. It can be beneficial to restore some skin from a very tight circumcision.
- 18. It's a way to take back control of your body
- 19. Gives a sense of control and progress
- 20. Everyone deserves the right to choose how they alter their body and shouldnt have that forced on them by others without consent.
- 21. Prevent loss of sensitivity with aging and improve self image
- 22. From my personal experience, I was able to accomplish some results and that was satisfying. I was fortunate the dr. left me something to work with.
- 23. Hard subject, people still believe u should get it done
- 24. It is a long process, with high rate of failure. Minority of men actually accomplish goal.
- 25. I have shared my restoration success with several guys
- 26. it changes everything and partially fixes things to have proper sex which si impossible when cut
- 27. Especially in the case of infant circumcision, pursuing restoration is a choice. Genital autonomy is cathartic.
- 28. It's not quick, but it's actually possible, and even a little bit can help.
- 29. If circumcision bothers you and you can do something about it, why not do it?
- 30. There have been to many benefits from restoring already. Why this is still practiced is amazing to me.
- 31. To feel at least a bit more whole and to enjoy sex as it was meant to be (to the extent possible)
- 32. It's the only option besides surgery, suicide, or giving up and suffering through life
- 33. restoration has given me an improved sense of autonomy over my OWN genitals, a pride and sense of well/better-being, and of course the nerve regeneration has improved sensuality and orgasmic intensity.
- 34. It changed my life for the better.
- 35. While I don't doubt it works for some people, I'm unsure since it didn't work for me.
- 36. control their own body
- 37. Its empowering and the benefits are worth the effort.
- 38. It is a viable and relatively achievable option
- 39. Will restore some of the function destroyed by circumcision.
- 40. Restoration caused discomfort while flaccid
- 41. If nothing else, restoration can help restore a sense of "control" over ones body, compensating for the original violation
- 42. There isn't a good reason not to. You can wear the device while working, and if you're careful there aren't bad effects

- 43. You are taking control of your own body to at least partially what was lost, which is therapeutic both physically and psychologically
- 44. give it a try, maybe it works
- 45. It can help out with maintaining an erection. A partner I had could not maintain an erection because it was too tight.
- 46. I think it's a crime to mutilate a human without their consent.
- 47. It is less difficult than most think.
- 48. To take control of the situation
- 49. I was able to reverse some of the negative health effects circumcision left me with. My personal experience leads me to recommend restoring.
- 50. I have recommended it, and used the techniques to help two friends overcome phimosis
- 51. Restoration works. It is both physically and emotionally healing
- 52. It's simple, safe and inexpensive. You just have to stick with it for a number of year to get the results you want.
- 53. It's too time consuming and it doesn't actually restore foreskin, it just makes the remaining skin longer
- 54. It has improved my life immeasurably from sexual to emotional to physical health.
- 55. Take control of body. Reverse religious stigma
- 56. 75% of my glans are now covered
- 57. If it increases their self-esteem, absolutely yes.
- 58. I would do it if i was single.
- 59. Sex, and in this case, sexual function is such a taboo subject in America.
- 60. relatively easy to do with enough patience and education with little or no downsides
- 61. Recommend everyone consider it, but it's a long process that focuses your attention daily on your abuse
- 62. To attempt to regain that which was lost.
- 63. It enhances all aspects of life physical, spiritual, emotional
- 64. To give them hope.
- 65. I felt like I was more in control. I traveled and did not use the tugger at work. So I manually stretched in the morning and evening and that made me feel better.
- 66. Personal choice for them.
- 67. Relieves discomfort of exposed glans, helped countless people
- 68. Time investment too great. Advocacy against circumcision more important but others are resistant.
- 69. any bit helps
- 70. I recommend covering because it has enhanced my focus, mitigated my ADD, and improved intimacy.
- 71. It does not work. Circumcision should be outlawed as a barbaric practise.
- 72. It can be done with abundant patience
- 73. If you're dedicated enough, it can work and improve your life
- 74. If it's important, it's worth trying.
- 75. It has been a way for me to claim ownership of my body, regardless of how positive the sexual effects have been.
- 76. If they have enough skin to work with, I don't.
- 77. Improved health and sexuality
- 78. Just keeping the glans covered dos increase sensation, which was a great benefit. And some people do seem to be able to regrow a lot of skin.

- 79. it is important for people to feel whole.
- 80. Makes you feel natural again, whole. It's hard to put into words but I feel at ease with the situation and my penis looks like it should, natural
- 81. an opportunity to put right what they had taken from them
- 82. It's a long slow process which can get depressing when results aren't seen regularly. Methods and devices are bulky and hard to use comfortably in day to day work
- 83. Making positive progress to restore has helped me feel better about something I thought I couldn't control.
- 84. It is a solution to the problem. It won't bring your foreskin back, but you will regain skin to help with sensitivity etc. Why not?
- 85. Maybe one is satisfied with the way he is, why try to fux something that is not broken.
- 86. yes its worth a go
- 87. i feels good
- 88. Absolutely. It is a dedicated, lengthy process but immensely helpful and healing to your penis.
- 89. The sense of regaining some control over your bodily integrity can be very beneficial.
- 90. To know options are available
- 91. Think it is a private matter, likely many people would be to embarrassed to discuss
- 92. Because it worked for me.
- 93. If done successfully, it can restore a whole, natural look to the penis which is very satisfying.
- 94. Although I didn't realise how emotional it would be, it has been very healing too
- 95. the severed nerve endings are irreplaceable. And the restored foreskin often looks terrible.
- 96. But I'm not sure I would recommend the Tugger
- 97. It was helpful for me
- 98. because it works
- 99. Restoration is painless and non-surgical and manual methods cost nothing. If they don't like the outcome, simple, they can consent to get circumcised again.
- 100. It's a huge undertaking, but I would recommend keeping glans covered

# If an opportunity arose, how willing might you be to share your personal story via audio or video recording?



## DEMOGRAPHICS

Q50

## Current age

Answered: 1790 Skipped: 0

**18-19** 

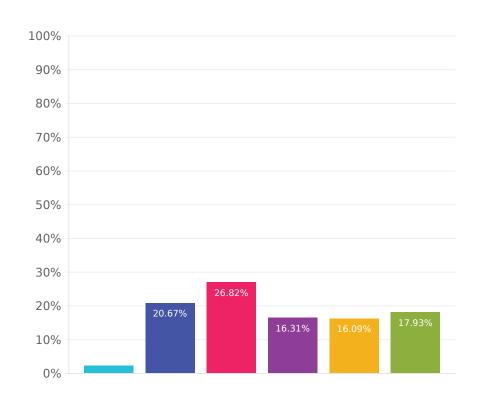
20-29

0 30-39

**40-49** 

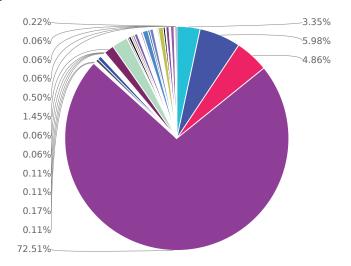
**50-59** 

**60**+



Choices	Response percent	Response count
18-19	2.18%	39
20-29	20.67%	370
30-39	26.82%	480
40-49	16.31%	292
50-59	16.09%	288
60+	17.93%	321

#### Birth Country





	Dominican Republic	•	East Timor (Timor-Leste)	•	Ecuador
	Egypt		El Salvador	•	Equatorial Guinea
	Eritrea		Estonia		Eswatini (Swaziland)
	Ethiopia		Fiji	•	Finland
•	France	•	Gabon	•	The Gambia
•	Georgia	•	Germany		Ghana
	Greece		Grenada	•	Guatemala
•	Guinea		Guinea-Bissau		Guyana
•	Haiti	•	Honduras	•	Hungary
•	Iceland	•	India	•	Indonesia
	Iran		Iraq	•	Ireland
•	Israel	•	Italy	•	Jamaica
	Japan		Jordan	•	Kazakhstan
•	Kenya	•	Kiribati		Korea, North
	Korea, South		Kosovo		Kuwait
	Kyrgyzstan	•	Laos	•	Latvia
	Lebanon		Lesotho		Liberia
	Libya	•	Liechtenstein	•	Lithuania
	Luxembourg	•	Madagascar		Malawi
	Malaysia		Maldives	•	Mali
•	Malta		Marshall Islands		Mauritania
•	Mauritius		Mexico		Micronesia, Federated States of
•	Moldova	•	Monaco		Mongolia
	Montenegro	•	Morocco	•	Mozambique
•	Myanmar (Burma)	•	Namibia		Nauru
	Nepal	•	Netherlands		New Zealand
	Nicaragua		Niger		Nigeria
•	North Macedonia		Norway		Oman
	Pakistan		Palau		Panama
	Papua New Guinea	•	Paraguay		Peru

Philippines Poland Portugal Qatar Romania Russia Saint Kitts and Nevis Saint Lucia Rwanda Saint Vincent and the San Marino Samoa Grenadines Sao Tome and Principe Senegal Saudi Arabia Seychelles Sierra Leone Serbia Slovakia Singapore Slovenia Solomon Islands Somalia South Africa Spain Sri Lanka Sudan Sudan, South Suriname Sweden Switzerland Syria Taiwan Tajikistan Tanzania Thailand Togo Tonga Trinidad and Tobago Tunisia Turkey Turkmenistan Tuvalu Uganda Ukraine **United Arab Emirates** Uruguay Uzbekistan Vatican City Vanuatu Venezuela Zambia Vietnam Yemen

Zimbabwe

Choices	Response percent	Response count
Australia	3.35%	60
Canada	5.98%	107
United Kingdom	4.86%	87
United States	72.51%	1298
Afghanistan	0.00%	0
Albania	0.00%	0
Algeria	0.11%	2
Andorra	0.00%	0
Angola	0.00%	0
Antigua and Barbuda	0.00%	0
Argentina	0.00%	0
Armenia	0.00%	0
Austria	0.17%	3
Azerbaijan	0.06%	1
The Bahamas	0.00%	0
Bahrain	0.06%	1
Bangladesh	0.06%	1
Barbados	0.00%	0
Belarus	0.00%	0
Belgium	0.39%	7
Belize	0.00%	0

Benin	0.00%	0
Bhutan	0.00%	0
Bolivia	0.00%	0
Bosnia and Herzegovina	0.00%	0
Botswana	0.00%	0
Brazil	0.56%	10
Brunei	0.00%	0
Bulgaria	0.00%	0
Burkina Faso	0.00%	0
Burundi	0.00%	0
Cabo Verde	0.00%	0
Cambodia	0.00%	0
Cameroon	0.00%	0
Central African Republic	0.00%	0
Chad	0.00%	0
Chile	0.06%	1
China	0.06%	1
Colombia	0.00%	0
Comoros	0.00%	0
Congo, Democratic Republic of the	0.00%	0
Congo, Republic of the	0.00%	0

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Costa Rica	0.11%	2
Côte d'Ivoire	0.00%	0
Croatia	0.00%	0
Cuba	0.00%	0
Cyprus	0.00%	0
Czech Republic	0.11%	2
Denmark	0.11%	2
Djibouti	0.00%	0
Dominica	0.00%	0
Dominican Republic	0.00%	0
East Timor (Timor-Leste)	0.00%	0
Ecuador	0.11%	2
Egypt	0.11%	2
El Salvador	0.06%	1
Equatorial Guinea	0.00%	0
Eritrea	0.00%	0
Estonia	0.00%	0
Eswatini (Swaziland)	0.00%	0
Ethiopia	0.00%	0
Fiji	0.00%	0
Finland	0.06%	1

France	1.45%	26
Gabon	0.00%	0
The Gambia	0.00%	0
Georgia	0.00%	0
Germany	2.29%	41
Ghana	0.00%	0
Greece	0.06%	1
Grenada	0.00%	0
Guatemala	0.00%	0
Guinea	0.00%	0
Guinea-Bissau	0.00%	0
Guyana	0.00%	0
Haiti	0.00%	0
Honduras	0.00%	0
Hungary	0.22%	4
Iceland	0.00%	0
India	0.34%	6
Indonesia	0.28%	5
Iran	0.00%	0
Iraq	0.00%	0
Ireland	0.28%	5
Israel	0.45%	8

	1	
Italy	0.06%	1
Jamaica	0.11%	2
Japan	0.11%	2
Jordan	0.00%	0
Kazakhstan	0.00%	0
Kenya	0.06%	1
Kiribati	0.00%	0
Korea, North	0.00%	0
Korea, South	0.11%	2
Kosovo	0.00%	0
Kuwait	0.00%	0
Kyrgyzstan	0.00%	0
Laos	0.00%	0
Latvia	0.00%	0
Lebanon	0.06%	1
Lesotho	0.00%	0
Liberia	0.00%	0
Libya	0.00%	0
Liechtenstein	0.00%	0
Lithuania	0.00%	0
Luxembourg	0.00%	0

I		
Madagascar	0.00%	0
Malawi	0.00%	0
Malaysia	0.22%	4
Maldives	0.00%	0
Mali	0.00%	0
Malta	0.00%	0
Marshall Islands	0.00%	0
Mauritania	0.00%	0
Mauritius	0.06%	1
Mexico	0.78%	14
Micronesia, Federated States of	0.00%	0
Moldova	0.00%	0
Monaco	0.00%	0
Mongolia	0.00%	0
Montenegro	0.00%	0
Morocco	0.00%	0
Mozambique	0.00%	0
Myanmar (Burma)	0.00%	0
Namibia	0.00%	0
Nauru	0.00%	0
Nepal	0.00%	0

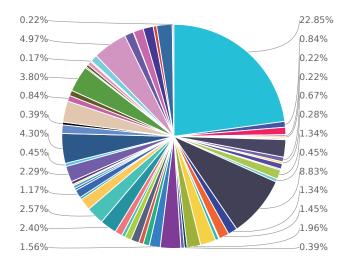
Netherlands	0.28%	5
New Zealand	0.50%	9
Nicaragua	0.00%	0
Niger	0.00%	0
Nigeria	0.06%	1
North Macedonia	0.00%	0
Norway	0.06%	1
Oman	0.00%	0
Pakistan	0.06%	1
Palau	0.00%	0
Panama	0.06%	1
Papua New Guinea	0.00%	0
Paraguay	0.00%	0
Peru	0.06%	1
Philippines	0.11%	2
Poland	0.00%	0
Portugal	0.00%	0
Qatar	0.00%	0
Romania	0.11%	2
Russia	0.06%	1
Rwanda	0.00%	0

Saint Kitts and Nevis	0.00%	0
Saint Lucia	0.00%	0
Saint Vincent and the Grenadines	0.00%	0
Samoa	0.00%	0
San Marino	0.00%	0
Sao Tome and Principe	0.00%	0
Saudi Arabia	0.00%	0
Senegal	0.00%	0
Serbia	0.00%	0
Seychelles	0.00%	0
Sierra Leone	0.00%	0
Singapore	0.17%	3
Slovakia	0.00%	0
Slovenia	0.00%	0
Solomon Islands	0.00%	0
Somalia	0.00%	0
South Africa	0.73%	13
Spain	0.28%	5
Sri Lanka	0.00%	0
Sudan	0.00%	0
Sudan, South	0.00%	0
Suriname	0.00%	0

Sweden	0.11%	2
Switzerland	0.45%	8
Syria	0.00%	0
Taiwan	0.11%	2
Tajikistan	0.00%	0
Tanzania	0.06%	1
Thailand	0.00%	0
Тодо	0.00%	0
Tonga	0.00%	0
Trinidad and Tobago	0.00%	0
Tunisia	0.06%	1
Turkey	0.50%	9
Turkmenistan	0.00%	0
Tuvalu	0.00%	0
Uganda	0.00%	0
Ukraine	0.06%	1
United Arab Emirates	0.00%	0
Uruguay	0.00%	0
Uzbekistan	0.00%	0
Vanuatu Vatican City	0.00%	0

	I	l I
Venezuela	0.06%	1
Vietnam	0.00%	0
Yemen	0.00%	0
Zambia	0.06%	1
Zimbabwe	0.22%	4

## Birth State/Province/Territory [Canada/U.S. only; others please choose N/A from answer list]





Northern Mariana Islands
 Ohio
 Oklahoma
 Prennsylvania
 Puerto Rico
 Rhode Island
 South Carolina
 Tennessee
 Texas
 Utah
 Vermont
 Virgin Islands
 Virginia

Wisconsin

WashingtonWest VirginiaWyoming

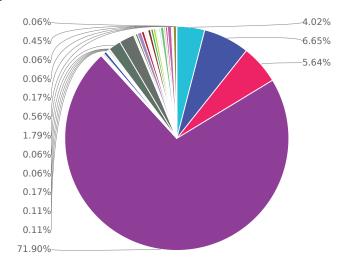
Choices	Response percent	Response count
N/A (not applicable to me)	22.85%	409
Alberta	0.84%	15
British Columbia	1.06%	19
Manitoba	0.22%	4
New Brunswick	0.22%	4
Newfoundland and Labrador	0.06%	1
Northwest Territories	0.06%	1
Nova Scotia	0.17%	3
Nunavut	0.00%	0
Ontario	2.51%	45
Prince Edward Island	0.00%	0
Quebec	0.67%	12
Saskatchewan	0.28%	5
Yukon	0.00%	0
Alabama	0.78%	14
Alaska	0.17%	3
American Samoa	0.00%	0
Arizona	1.34%	24
Arkansas	0.45%	8
California	8.83%	158
Colorado	1.34%	24

Connecticut	1.45%	26
Delaware	0.11%	2
District of Columbia	0.50%	9
Florida	2.23%	40
Georgia	1.96%	35
Guam	0.00%	0
Hawaii	0.39%	7
Idaho	0.50%	9
Illinois	2.96%	53
Indiana	1.56%	28
Iowa	0.89%	16
Kansas	0.67%	12
Kentucky	1.17%	21
Louisiana	0.95%	17
Maine	0.50%	9
Maryland	1.06%	19
Massachusetts	2.40%	43
Michigan	2.57%	46
Minnesota	1.73%	31
Mississippi	0.34%	6
Missouri	1.17%	21

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Montana	0.34%	6
Nebraska	0.39%	7
Nevada	0.22%	4
New Hampshire	0.45%	8
New Jersey	2.29%	41
New Mexico	0.45%	8
New York	4.30%	77
North Carolina	1.23%	22
North Dakota	0.39%	7
Northern Mariana Islands	0.00%	0
Ohio	3.07%	55
Oklahoma	0.84%	15
Oregon	0.78%	14
Pennsylvania	3.80%	68
Puerto Rico	0.17%	3
Rhode Island	0.39%	7
South Carolina	0.56%	10
South Dakota	0.17%	3
Tennessee	1.01%	18
Texas	4.97% 1.28%	89 23
Utaii	1.28%	25

Vermont	0.06%	1
Virgin Islands	0.00%	0
Virginia	1.45%	26
Washington	1.45%	26
West Virginia	0.50%	9
Wisconsin	2.23%	40
Wyoming	0.22%	4

## Current Country of Residence





•	Dominican Republic		East Timor (Timor-Leste)	•	Ecuador
	Egypt		El Salvador		Equatorial Guinea
	Eritrea		Estonia		Eswatini (Swaziland)
	Ethiopia		Fiji		Finland
•	France		Gabon		The Gambia
•	Georgia	•	Germany		Ghana
•	Greece	•	Grenada	•	Guatemala
•	Guinea		Guinea-Bissau		Guyana
•	Haiti	•	Honduras	•	Hungary
	Iceland		India		Indonesia
•	Iran		Iraq		Ireland
•	Israel	•	Italy		Jamaica
•	Japan		Jordan	•	Kazakhstan
•	Kenya	•	Kiribati		Korea, North
	Korea, South		Kosovo		Kuwait
	Kyrgyzstan		Laos		Latvia
	Lebanon		Lesotho		Liberia
•	Libya		Liechtenstein		Lithuania
	Luxembourg	•	Madagascar		Malawi
	Malaysia		Maldives		Mali
•	Malta		Marshall Islands		Mauritania
	Mauritius	•	Mexico	•	Micronesia, Federated States of
	Moldova		Monaco	•	Mongolia
	Montenegro	•	Morocco		Mozambique
	Myanmar (Burma)		Namibia		Nauru
•	Nepal	•	Netherlands	•	New Zealand
	Nicaragua		Niger	•	Nigeria
•	North Macedonia	•	Norway		Oman
	Pakistan	•	Palau		Panama
•	Papua New Guinea	•	Paraguay	•	Peru

Philippines Poland Portugal Qatar Romania Russia Rwanda Saint Kitts and Nevis Saint Lucia Saint Vincent and the San Marino Samoa Grenadines Sao Tome and Principe Senegal Saudi Arabia Seychelles Sierra Leone Serbia Slovakia Singapore Slovenia Solomon Islands Somalia South Africa Spain Sri Lanka Sudan Sudan, South Suriname Sweden Switzerland Syria Taiwan Tajikistan Tanzania Thailand Togo Tonga Trinidad and Tobago Tunisia Turkey Turkmenistan Uganda Tuvalu Ukraine **United Arab Emirates** Uruguay Uzbekistan Vatican City Venezuela Vanuatu Zambia Vietnam Yemen

Zimbabwe

Choices	Response percent	Response count
Australia	4.02%	72
Canada	6.65%	119
Jnited Kingdom	5.64%	101
Jnited States	71.90%	1287
Afghanistan	0.00%	0
Albania	0.06%	1
Algeria	0.00%	0
Andorra	0.00%	0
Angola	0.00%	0
Antigua and Barbuda	0.00%	0
Argentina	0.00%	0
Armenia	0.00%	0
Austria	0.17%	3
Azerbaijan	0.00%	0
The Bahamas	0.00%	0
Bahrain	0.06%	1
Bangladesh	0.06%	1
Barbados	0.00%	0
Belarus	0.00%	0
Belgium	0.17%	3
Belize	0.00%	0

Benin	0.00%	0
Bhutan	0.00%	0
Bolivia	0.00%	0
Bosnia and Herzegovina	0.00%	0
Botswana	0.00%	0
Brazil	0.39%	7
Brunei	0.00%	0
Bulgaria	0.00%	0
Burkina Faso	0.00%	0
Burundi	0.00%	0
Cabo Verde	0.00%	0
Cambodia	0.00%	0
Cameroon	0.00%	0
Central African Republic	0.00%	0
Chad	0.00%	0
Chile	0.06%	1
China	0.00%	0
Colombia	0.06%	1
Comoros	0.00%	0
Congo, Democratic Republic of the	0.00%	0
Congo, Republic of the	0.00%	0

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Costa Rica	0.11%	2
Côte d'Ivoire	0.00%	0
Croatia	0.00%	0
Cuba	0.00%	0
Cyprus	0.00%	0
Czech Republic	0.11%	2
Denmark	0.17%	3
Djibouti	0.00%	0
Dominica	0.00%	0
Dominican Republic	0.00%	0
East Timor (Timor-Leste)	0.00%	0
Ecuador	0.00%	0
Egypt	0.06%	1
El Salvador	0.00%	0
Equatorial Guinea	0.00%	0
Eritrea	0.00%	0
Estonia	0.00%	0
Eswatini (Swaziland)	0.00%	0
Ethiopia	0.00%	0
Fiji	0.00%	0
Finland	0.06%	1

France	1.79%	32
Gabon	0.00%	0
The Gambia	0.00%	0
Georgia	0.00%	0
Germany	2.18%	39
Ghana	0.00%	0
Greece	0.06%	1
Grenada	0.00%	0
Guatemala	0.00%	0
Guinea	0.00%	0
Guinea-Bissau	0.00%	0
Guyana	0.00%	0
Haiti	0.00%	0
Honduras	0.00%	0
Hungary	0.17%	3
Iceland	0.00%	0
India	0.06%	1
Indonesia	0.28%	5
Iran	0.00%	0
Iraq	0.00%	0
Ireland	0.61%	11
Israel	0.39%	7

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Italy	0.06%	1
Jamaica	0.00%	0
Japan	0.22%	4
Jordan	0.00%	0
Kazakhstan	0.00%	0
Kenya	0.00%	0
Kiribati	0.00%	0
Korea, North	0.00%	0
Korea, South	0.06%	1
Kosovo	0.00%	0
Kuwait	0.00%	0
Kyrgyzstan	0.00%	0
Laos	0.00%	0
Latvia	0.00%	0
Lebanon	0.00%	0
Lesotho	0.00%	0
Liberia	0.00%	0
Libya	0.00%	0
Liechtenstein	0.00%	0
Lithuania	0.00%	0
Luxembourg	0.00%	0

Madagascar	0.00%	0
Malawi	0.00%	0
Malaysia	0.11%	2
Maldives	0.00%	0
Mali	0.00%	0
Malta	0.06%	1
Marshall Islands	0.00%	0
Mauritania	0.00%	0
Mauritius	0.06%	1
Mexico	0.39%	7
Micronesia, Federated States of	0.00%	0
Moldova	0.00%	0
Monaco	0.06%	1
Mongolia	0.00%	0
Montenegro	0.00%	0
Morocco	0.00%	0
Mozambique	0.00%	0
Myanmar (Burma)	0.00%	0
Namibia	0.00%	0
Nauru	0.00%	0
Nepal	0.00%	0

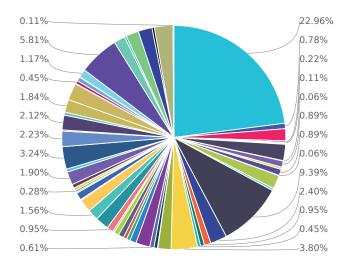
Netherlands	0.34%	6
New Zealand	0.34%	6
Nicaragua	0.00%	0
Niger	0.00%	0
Nigeria	0.00%	0
North Macedonia	0.00%	0
Norway	0.17%	3
Oman	0.00%	0
Pakistan	0.00%	0
Palau	0.00%	0
Panama	0.06%	1
Papua New Guinea	0.00%	0
Paraguay	0.00%	0
Peru	0.00%	0
Philippines	0.06%	1
Poland	0.06%	1
Portugal	0.06%	1
Qatar	0.00%	0
Romania	0.06%	1
Russia	0.06%	1
Rwanda	0.00%	0

Saint Kitts and Nevis	0.00%	0
Saint Lucia	0.00%	0
Saint Vincent and the Grenadines	0.00%	0
Samoa	0.00%	0
San Marino	0.00%	0
Sao Tome and Principe	0.00%	0
Saudi Arabia	0.00%	0
Senegal	0.00%	0
Serbia	0.00%	0
Seychelles	0.00%	0
Sierra Leone	0.00%	0
Singapore	0.17%	3
Slovakia	0.00%	0
Slovenia	0.06%	1
Solomon Islands	0.00%	0
Somalia	0.00%	0
South Africa	0.45%	8
Spain	0.28%	5
Sri Lanka	0.00%	0
Sudan	0.00%	0
Sudan, South	0.00%	0
Suriname	0.00%	0

Sweden	0.28%	5
Switzerland	0.56%	10
Syria	0.00%	0
Taiwan	0.17%	3
Tajikistan	0.00%	0
Tanzania	0.00%	0
Thailand	0.06%	1
Togo	0.00%	0
Tonga	0.00%	0
Trinidad and Tobago	0.06%	1
Tunisia	0.00%	0
Turkey	0.45%	8
Turkmenistan	0.00%	0
Tuvalu	0.00%	0
Uganda	0.00%	0
Ukraine	0.00%	0
United Arab Emirates	0.00%	0
Uruguay	0.00%	0
Uzbekistan	0.00%	0
Vanuatu	0.00%	0
Vatican City	0.00%	0

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Venezuela	0.06%	1
Vietnam	0.00%	0
Yemen	0.00%	0
Zambia	0.00%	0
Zimbabwe	0.00%	0

## Current State/Province/Territory of Residence [Canada/U.S. only; others please choose N/A from answer list]





- Northern Mariana Islands
- Oregon
- Rhode Island
  - Tennessee
- Vermont
- Washington
- Wyoming

- Ohio
- Pennsylvania
  - South Carolina
- Texas
- Virgin Islands
- West Virginia

- Oklahoma
- Puerto Rico
- South Dakota
- Utah
- Virginia
- Wisconsin

Choices	Response percent	Response count
N/A (not applicable to me)	22.96%	411
Alberta	0.78%	14
British Columbia	1.73%	31
Manitoba	0.22%	4
New Brunswick	0.11%	2
Newfoundland and Labrador	0.06%	1
Northwest Territories	0.00%	0
Nova Scotia	0.11%	2
Nunavut	0.00%	0
Ontario	2.35%	42
Prince Edward Island	0.06%	1
Quebec	0.89%	16
Saskatchewan	0.34%	6
Yukon	0.00%	0
Alabama	0.89%	16
Alaska	0.06%	1
American Samoa	0.00%	0
Arizona	1.96%	35
Arkansas	0.34%	6
California	9.39%	168
Colorado	2.40%	43

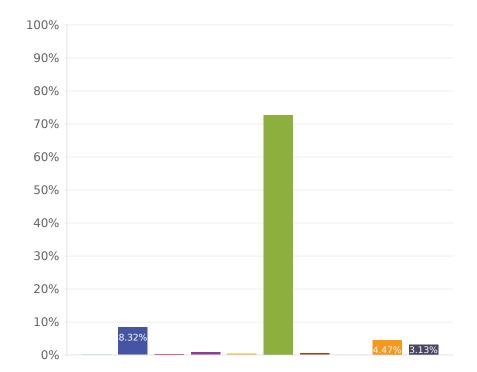
Connecticut	0.95%	17
Delaware	0.56%	10
District of Columbia	0.45%	8
Florida	3.80%	68
Georgia	1.90%	34
Guam	0.06%	1
Hawaii	0.50%	9
Idaho	0.61%	11
Illinois	2.01%	36
Indiana	0.95%	17
lowa	0.50%	9
Kansas	0.50%	9
Kentucky	0.78%	14
Louisiana	0.73%	13
Maine	0.22%	4
Maryland	0.95%	17
Massachusetts	1.96%	35
Michigan	1.56%	28
Minnesota	1.90%	34
Mississippi	0.11%	2
Missouri	1.06%	19

Montana	0.17%	3
Nebraska	0.28%	5
Nevada	0.39%	7
New Hampshire	0.56%	10
New Jersey	1.90%	34
New Mexico	0.45%	8
New York	3.24%	58
North Carolina	2.23%	40
North Dakota	0.17%	3
Northern Mariana Islands	0.00%	0
Ohio	2.12%	38
Oklahoma	0.45%	8
Oregon	1.84%	33
Pennsylvania	2.46%	44
Puerto Rico	0.06%	1
Rhode Island	0.45%	8
South Carolina	0.61%	11
South Dakota	0.06%	1
Tennessee	1.17%	21
Texas	5.81%	104
Utah	1.62%	29

Vermont	0.28%	5
Virgin Islands	0.00%	0
Virginia	1.84%	33
Washington	2.01%	36
West Virginia	0.34%	6
Wisconsin	2.68%	48
Wyoming	0.11%	2

## Religion of parents

- African Traditional/ Diasporic
- Agnostic; Atheist
- Baha'i
- Buddhist
- Chinese Traditional
- Christian
- Hindu
- Jain
- Jewish
- Muslim
- Scientologist
- Shinto
- Sikh
- Zoroastrian
- None
- Unknown
- Prefer not to state
- Mixed
- Other (Please specify; 100 character limit)



Choices	Response percent	Response count
African Traditional/ Diasporic	0.11%	2
Agnostic; Atheist	8.32%	149
Baha'i	0.17%	3
Buddhist	0.73%	13
Chinese Traditional	0.28%	5
Christian	72.63%	1300
Hindu	0.45%	8
Jain	0.00%	0
Jewish	4.47%	80
Muslim	3.13%	56
Scientologist	0.00%	0
Shinto	0.06%	1
Sikh	0.00%	0
Zoroastrian	0.00%	0
None	8.27%	148
Unknown	1.73%	31
Prefer not to state	1.23%	22
Mixed	3.24%	58
Other (Please specify; 100 character limit)	8.99%	161

1. Catholic
2. Catholic
3. Spirituality
4. Christian Extremists
5.
6. Catholic
7. specifically Baptist Christian or evangelical
8. Catholic
9. Mormon
10. Catholic
11. Unitarian
12. Cultural Christians, but non-believers
13. Catholic
14.
15. Cathiolic
16. Catholic
17. Roman Catholic
18. Mormon
19. Catholic and Jewish heritage, but parents were atheists by the time I was born.
20. Mormon
21. Catholic.
22. Luthern
23. Greek Orthodox
24. Greek Othodox / Father is natural but society pressured them to have me cut
25. Catholic
26. no religious impact during my upbringing
27. Christian (LDS)
28. Catholic
29. Lutheran
30. Baptist and Methodist
31. Catholic
32. Catholic
33. Catholic
34.
35. pradasent
36. non-practicing Catholic
37. Roman Catholic
38.
39. Catholic
40. Strict Fundamental Baptist
41. Catholic/christian

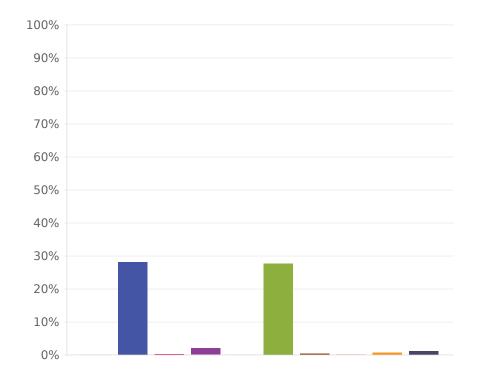
42. Wiccan

- 43. Average white mutt44. Jehovah's Witnesses45. Catholic46. Mormon
- 47. Wiccan
- 48. Catholic
- 49. LDS/Mormon
- 50. Never went to church as a kid.
- 51. Jehovah's Witness
- 52. Circ purportedly not for religious reasons but because "the done thing""
- 53. Catholic
- 54. Catholic
- 55. Fringe Evangelical Christian (Cult), see Worldwide Church of God and their offshoots.
- 56. Father was Mormon, Mother Catholic
- 57. FATHER ATHEIST MOTHER CHRISTIAN
- 58. Idiotic. Shallow devotion; changed religions several times.
- 59. None of the above
- 60. Catholic
- 61. Not super religious
- 62. Jehovah's Witness at the time I was born
- 63. Mormon
- 64. Roman catholic
- 65. Delusional
- 66. Catholic
- 67. Non Practicing
- 68. Latter day saint (Mormon)
- 69. Church of Jesus Christ of Latter-day Saints
- 70. Catholic
- 71. Baptist
- 72. Christian Scientists
- 73. Mouth-breathing, crystal-energy, all-religions-are-true, extractive nonsense cult
- 74. Protestant
- 75. Serbian orthodox
- 76.
- 77. Protestant
- 78. Catholic
- 79. Catholic
- 80. Father was raised Lutheran, Mother was raised Jewish. Circ wasn't done with religious motivations.
- 81. Catholic
- 82. Roman Catholic, very stringent.
- 83. Catholicism was specifically the reason for my non consensual gm.
- 84. Mormon

- 85. Latter Day Saint / Mormon
- 86. We were loosely catholic but all agnostic now
- 87. Mom is very religious (Methodist), father is less religious.
- 88. Catholic
- 89. Latter Day Saint
- 90. Unitarian
- 91. Catholic
- 92. Father is Christian, mum is probably agnostic or atheist.
- 93. Roman Catholic
- 94. Roman Catholic
- 95. Catholic
- 96.
- 97.
- 98. Both atheist, but both from Muslim backgrounds
- 99. superstitious
- 100. Catholic

# Your current religion

- African Traditional/ Diasporic
- Agnostic; Atheist
- Baha'i
- Buddhist
- Chinese Traditional
- Christian
- Hindu
- Jain
- Jewish
- Muslim
- Scientologist
- Shinto
- Sikh
- Zoroastrian
- None
- Unknown
- Prefer not to state
- Other (Please specify; 100 character limit)



Choices	Response percent	Response count
African Traditional/ Diasporic	0.00%	0
Agnostic; Atheist	28.04%	502
Baha'i	0.17%	3
Buddhist	1.96%	35
Chinese Traditional	0.00%	0
Christian	27.60%	494
Hindu	0.39%	7
Jain	0.06%	1
Jewish	0.61%	11
Muslim	1.17%	21
Scientologist	0.17%	3
Shinto	0.06%	1
Sikh	0.00%	0
Zoroastrian	0.11%	2
None	26.31%	471
Unknown	2.23%	40
Prefer not to state	3.02%	54
Other (Please specify; 100 character limit)	8.10%	145

Other (Please specify; 100 character limit)

1. Thaoist

2. Spirituality

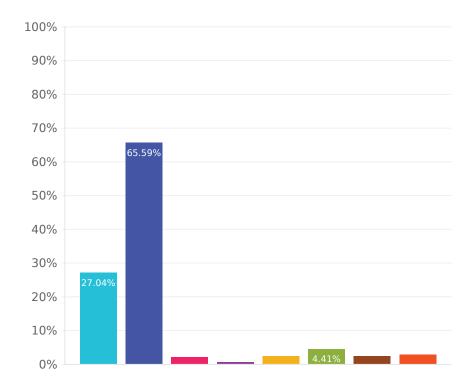
- 3. Pantheist, slavic pagan belief
- 4. Catholic
- 5. i have my own religion called "realism" based on biology and science
- 6. Catholic
- 7. Non-denominational in the broadest sense.
- 8. Spiritual
- 9. None
- 10. Mixed
- 11. I study, practice, read, and appreciate facets from all faiths and spirits.
- 12. Satanism (this is a serious answer)
- 13. Atheist
- 14. Roman Catholic
- 15. non religious , love & freedom
- 16. Unitarian Universalist
- 17. Taoist
- 18. Luthern
- 19. Transcendental Meditation
- 20. Catholic
- 21. Ásatrú
- 22. Christian (LDS)
- 23. Not Religious but Spiritual Christian
- 24. Catholic
- 25. Catholic
- 26. Spiritual
- 27. Pagan
- 28. Spiritual
- 29. Atheist since some religions call for genital mutilation.
- 30. Agnostic
- 31. Bahai
- 32. Metaphysical Spiritual New Age Christian
- 33. Open spiritual practices, Wiccan
- 34. Hermetic Spiritualist
- 35. Atheist- which is not the same as agnostic.
- 36. Unitarian Universalist
- 37. Humanism
- 38. Confucian-Jewish
- 39. undecided
- 40. Muslim Quran alone
- 41. Pagan
- 42. Pagan
- 43. Very anti-religious (all religions) due to circ by RABBI
- 44. Not practicing

- 45. Atheist. It's also not a religion.
- 46. I have a faith and belief in God , Just not in any organized Religion .
- 47. Panentheism
- 48. Eclectic Wicca
- 49. Uncertain. Can a Buddhist be a scientist at the same time?
- 50. Shallow.
- 51. Canadian
- 52. Spiritual but not religious.
- 53. Wicca
- 54. Satanic Temple
- 55. Fairy Faith
- 56. Pagan mystic
- 57. Eclectic pagan
- 58. Catholic
- 59. Spiritual: I am That
- 60. Latter day saint (Mormon)
- 61. Spiritual
- 62. Church of Jesus Christ of Latter-day Saints
- 63. Catholic
- 64. Kemetic
- 65. Omnarian
- 66. Culturally Jewish but not religious
- 67. Pastafarian
- 68. Spiritual but not religious.
- 69. Pagan
- 70. Screaming atheist and antitheist
- 71. Wiccan
- 72. pagan
- 73. Not really religious.
- 74. Polytheistic
- 75. Wiccan
- 76. Catholic
- 77. Spiritual
- 78. Agnostic Atheist
- 79. Catholic
- 80. Antireligion
- 81. post-religious
- 82. Latter Day Saint / Mormon
- 83. anti-theist ...religion is the only true evil
- 84. Earth Worship
- 85. Pagan
- 86. Roman Catholic

- 87. Fuck you.
- 88. spiritual but not religious
- 89. Non church going Christian i guess.
- 90. Trying to be more universal = spiritual
- 91. Quantum chromodynamics
- 92. Pagan
- 93. Deist
- 94. Pagan
- 95. Wiccan
- 96. Presbyterian
- 97. Spiritual
- 98. Catholic (but not a regular mass attendee like in my youth)
- 99. Dudeism
- 100. Universal

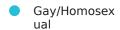
## Racial Identity [select all that apply]

- White, Hispanic/Latino
- White, non-Hispanic/non-Latino
- Black or African American
- Native Hawaiian or Pacific Islander
- Indigenous / Native American / First Nations
- Asian / South Asian
- More than one race not identified above
- Prefer not to state

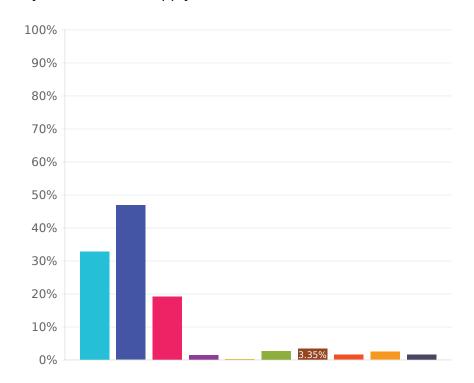


Choices	Response percent	Response count
White, Hispanic/Latino	27.04%	484
White, non-Hispanic/non-Latino	65.59%	1174
Black or African American	2.01%	36
Native Hawaiian or Pacific Islander	0.56%	10
Indigenous / Native American / First Nations	2.23%	40
Asian / South Asian	4.41%	79
More than one race not identified above	2.29%	41
Prefer not to state	2.74%	49

# Sexual Orientation/Gender Identity [select all that apply]



- Straight/Heter osexual
- Bisexual or Pansexual
- Transgender
- Intersex
- Non-Binary
- Queer
- Fluid
- Questioning
- Asexual
- Prefer not to state
- Other (Please specify; 100 character limit)



Choices	Response percent	Response count
Gay/Homosexual	32.74%	586
Straight/Heterosexual	46.76%	837
Bisexual or Pansexual	19.16%	343
Transgender	1.45%	26
Intersex	0.17%	3
Non-Binary	2.68%	48
Queer	3.35%	60
Fluid	1.51%	27
Questioning	2.40%	43
Asexual	1.62%	29
Prefer not to state	2.79%	50
Other (Please specify; 100 character limit)	2.96%	53

### Other (Please specify; 100 character limit)

- 1. Why is "gay, bi etc" at the top of the list?! I find that inappropriate.
- 2. Bisexual. Just Bisexual. Don't lump me in with "Pansexual".
- 3. Cisgender but privately identify as genderfluid.
- 4. Yep, transgender woman restoring her dick, wild right?
- 5. Not attracted to men or Women.
- 6. Transgender but not transitioning, attracted to females
- 7. Gynophilic, essentially straight, with some incidence of pansexuality
- 8. sexual
- 9.
- 10. "Gay" comes closest... but not "on the money"
- 11. Normal
- 12. Celibate
- 13. Nowadays, more theoretical, rather than practical.
- 14. First Gender

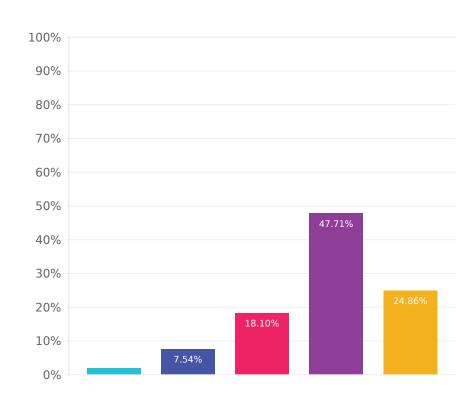
- 15. Bi-intimate
- 16. i have not had a partner in 30 years but consider myself to be gay
- 17. My generation had no choices,
- 18. .
- 19. the word homosexual has discomfiting origins.
- 20. Sapiosexual
- 21. Grey Asexual (grey ace)
- 22. Sexual to the tastes of my kink pallette
- 23. Married and straight acting with same sex attraction
- 24. Non-sexual due to damaged orgasm trigger because of 75% skin loss.
- 25. Pansexual Married to man
- 26. I have felt Asexual for a lot of my life, but slowly feeling more sexual. I had considered homosexuality but was even too embarrassed for that.
- 27. How is this relevant.
- 28. Heteroromantic, bisexual.
- 29. Xxy syndrome, and trans feminine
- 30. I'm convinced that for most people, sexuality is powerful enough that if deprived over time we will take what we can get. Gay, straight, etc. will not matter so much.
- 31. Bi-curious
- 32. just me not specified
- 33. Aromatic/ Ace now. Never intend to date again or marry
- 34. I have little feeling in my penis. I need anal stimulation to orgasm
- 35. I am man that finds women sexually attractive and desirable . .
- 36. demisexual
- 37. Sapiosexual
- 38. NB questioning
- 39. I'm in a gay relationship that I'm happy in, so I've never verified or experimented per say to verify, but I believe I'm technically pansexual
- 40. Transgender Lesbian
- 41. Asexual- Biromantic
- 42. Lesbian
- 43. I'm not really sure
- 44. I don't know and same for race question
- 45. Afraid I am Gay because of left leaning dick. Ten year old logic assumes a left leaning dick means you are not straight, thus gay.
- 46. I don't know
- 47. Straight, but not narrow
- 48. demisexual
- 49. Bi, tendance homo
- 50. Well if you want the whole 9 yards: Asexual, Grey-homo-romantic, demi-homo-alterous. Agender
- 51. Generally identify and live as a straight male but internally have varied on the gender spectrum at different times in my life.
- 52. Pansexuel

53. I have been with a couple women, but I am very attracted to everything about guys. Although, I would like to have kids of my own and a traditional family. Being gay has made me more aware of the issues in this survey.

Q59

## Highest level of education completed

- primary school/nonhigh school graduate
- completed secondary/hig h school
- started college, university or trade school without completion
- completed college, university or trade school with a degree
- postgraduate



Choices	Response percent	Response count
primary school/non-high school graduate	1.79%	32
completed secondary/high school	7.54%	135
started college, university or trade school without completion	18.10%	324
completed college, university or trade school with a degree	47.71%	854
postgraduate	24.86%	445

#### SUBMISSION OF PROGRESS PHOTOS

Q60

Do you have progress photos you wish to share?

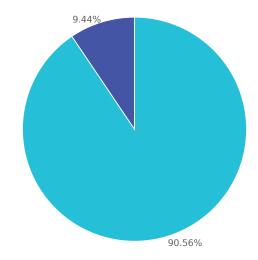
Please note: After submission, these photos become the property of the researchers and may be included in public presentations of the survey findings (e.g., published articles, academic and/or public seminars, relevant websites, video documentaries, etc). Submission of photos constitutes your consent for these and other reasonable educational uses.

### Photos should conform to the following guidelines:

- maximum number of photos: 5
- well-lighted color photos preferred
- format: .jpeg/.jpg only
- resolution: minimum 300dpi
- file size: maximum 10MB
- name each photo file in the following manner: Four letters of your choice-YYYY MM

[Example: ABCD-2017-02, ABCD-2017-11, ABCD-2018-06, ABCD-2019-11, and ABCD-2020-08. The four letters of your choice <u>should remain the same across all photo files</u> so that we can properly match all of your photos to each other. YYYY-MM will indicate the approximate year and month when each photo was taken. This helps us to identify the proper order of your progress photos.]

- No. Please click the SUBMIT button below and you will be finished with the survey.
- Yes. Share your restoration progress photos by uploading them to this survey using the CHOOSE **FILE buttons** below (or email them circharmsurve y@gmail.com) . After uploading photos, click



Choices	Response percent	Response count
No. Please click the SUBMIT button below and you will be finished with the survey.	90.56%	1621
Yes. Share your restoration progress photos by uploading them to this survey using the CHOOSE FILE buttons below (or email them to: circharmsurvey@gmail.com). After uploading photos, click the SUBMIT button below.	9.44%	169

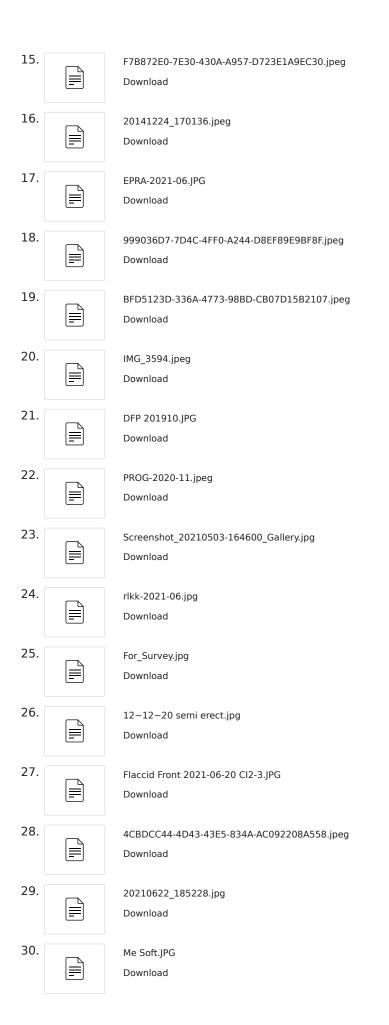
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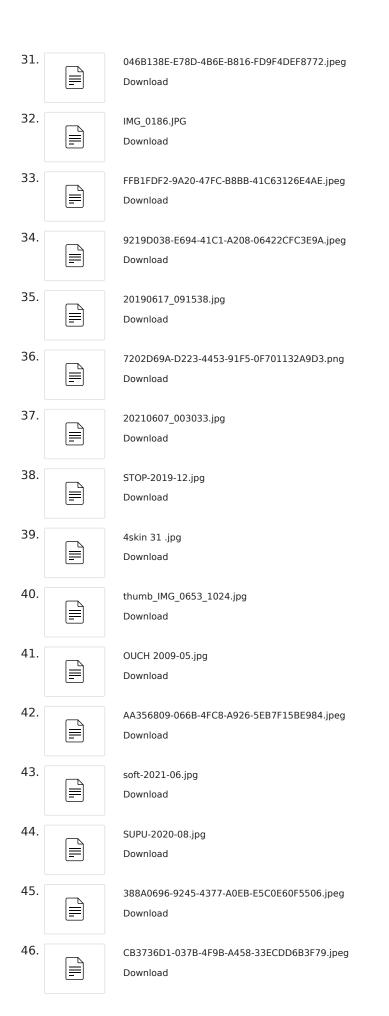
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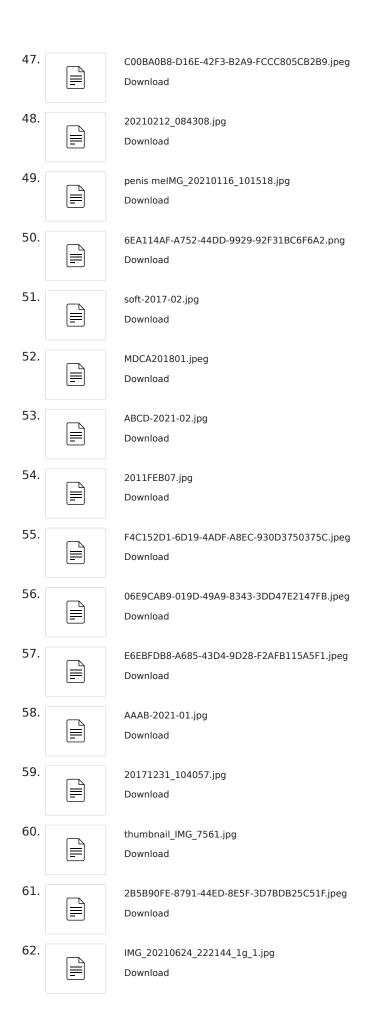
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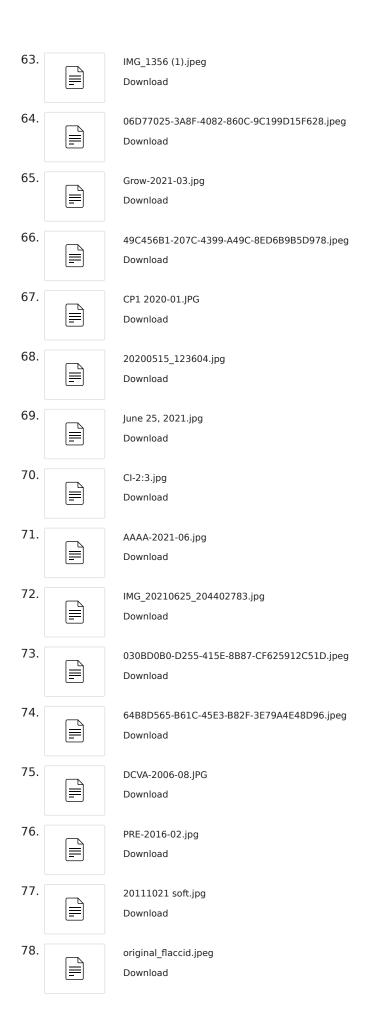
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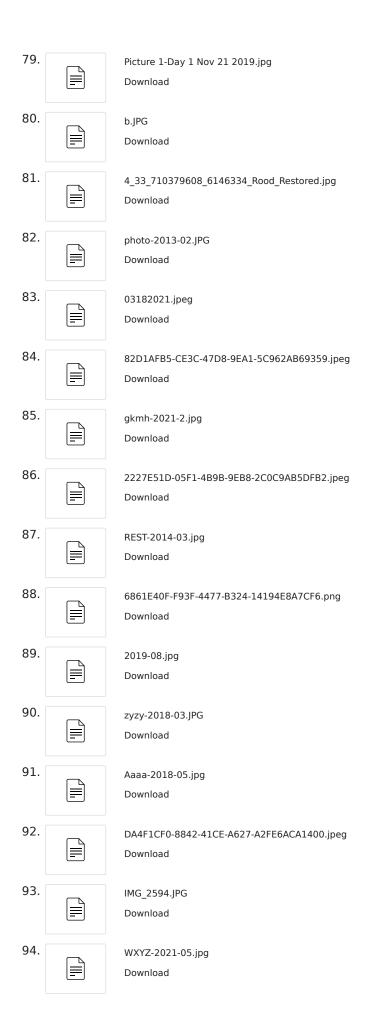
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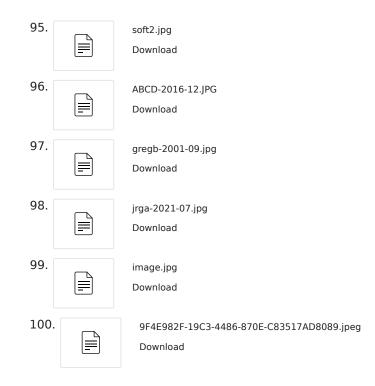












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5.

AFTS-2010-01.JPG

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6.

M3.jpg

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9.

Flac-2021-05.jpg

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10.

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11.



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12.



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13.



EPRB-2021-06.JPG

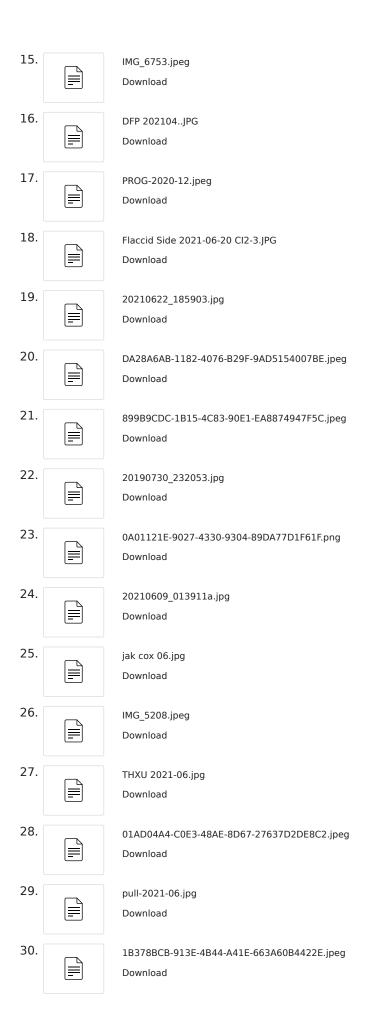
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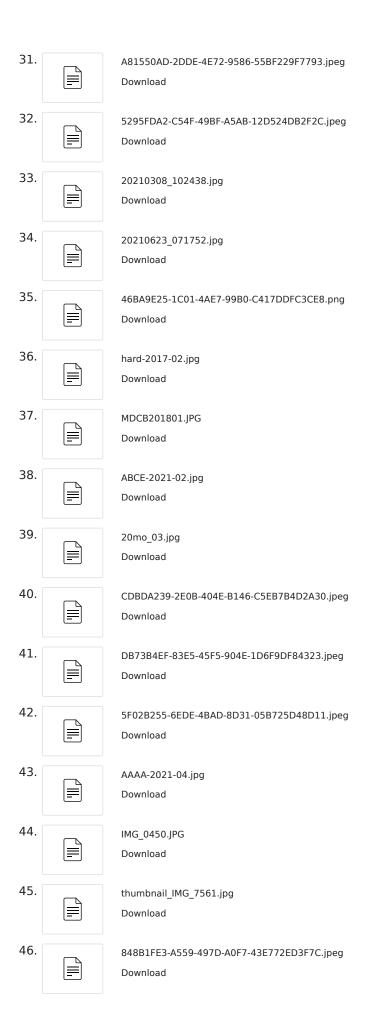
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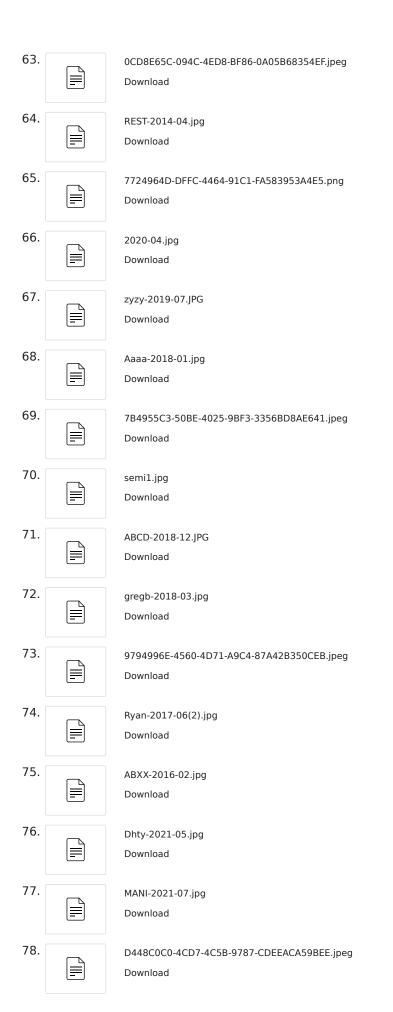
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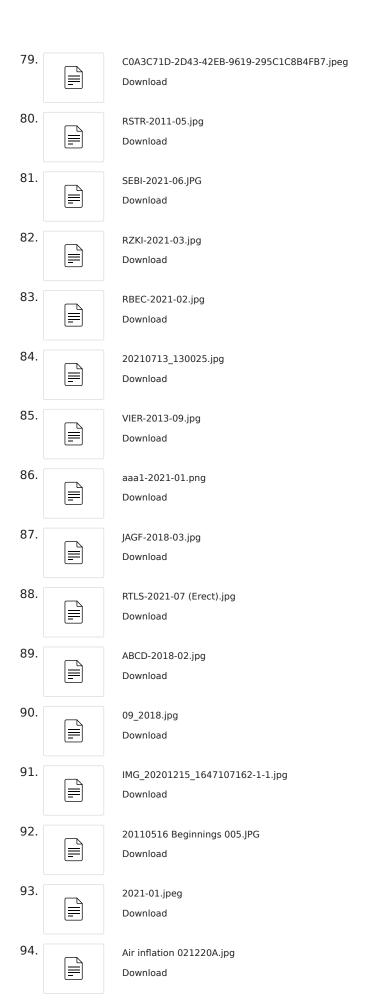
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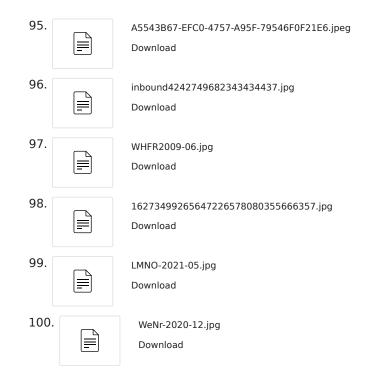












5.

11.

### **UPLOAD PHOTO 3**

Answered: 98 Skipped: 1692

1. 20198001.jpg Download

2. D23F73AA-ACC9-49DC-BF0A-E710A0C1F76E.jpeg Download

3. image.jpg Download

4. AFTS-2015-01.JPG Download

M5.jpg Download 6. FECA-2021-02.jpg 

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7. 1194E266-D1D0-4FC9-95E3-7B0232B8B66C.jpeg Download

8. 4BDFB63A-9DF2-4B87-8819-BEB20AC824F1.jpeg Download

9. EPRC-2021-06.JPG Download

10. DFP1 202105..jpg Download

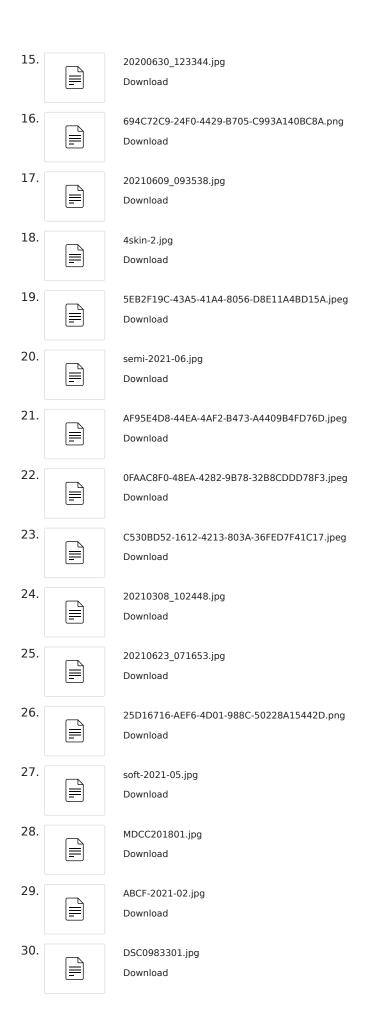
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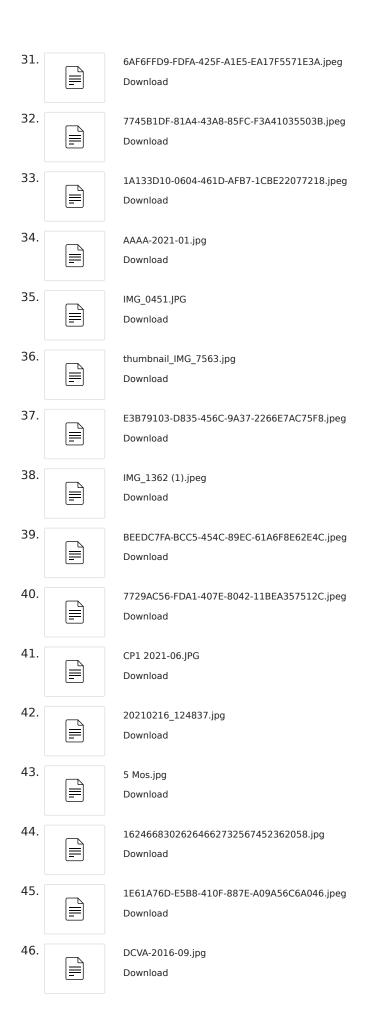
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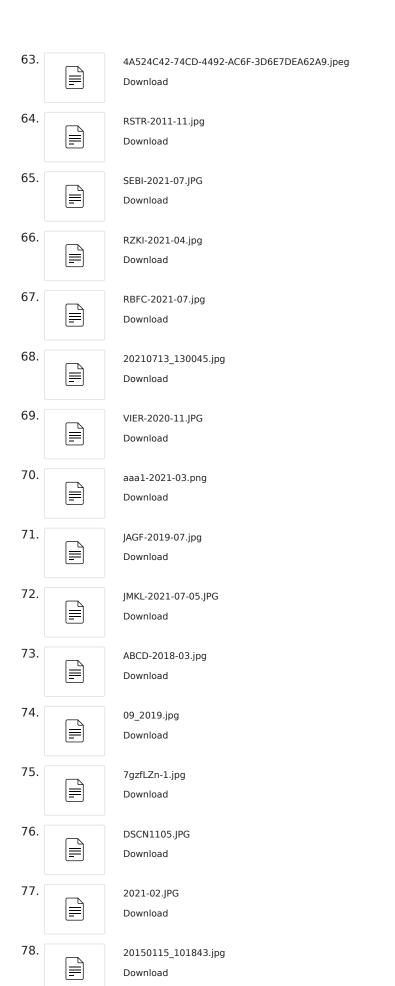
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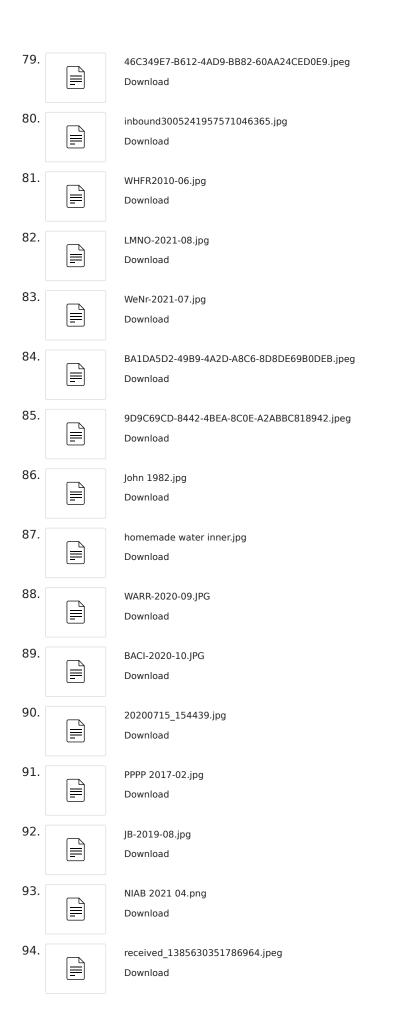
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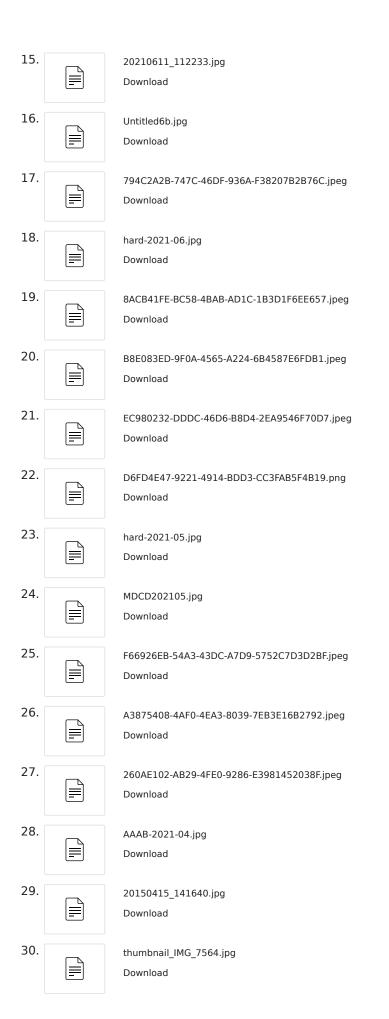
95. inbound4847790491760888530.jpg Download 96. 15-04-05-04.jpg Download 97. E7dwj7mX0AcJTgD.jfifDownload 98. TLCX-2021-08.jpg Download

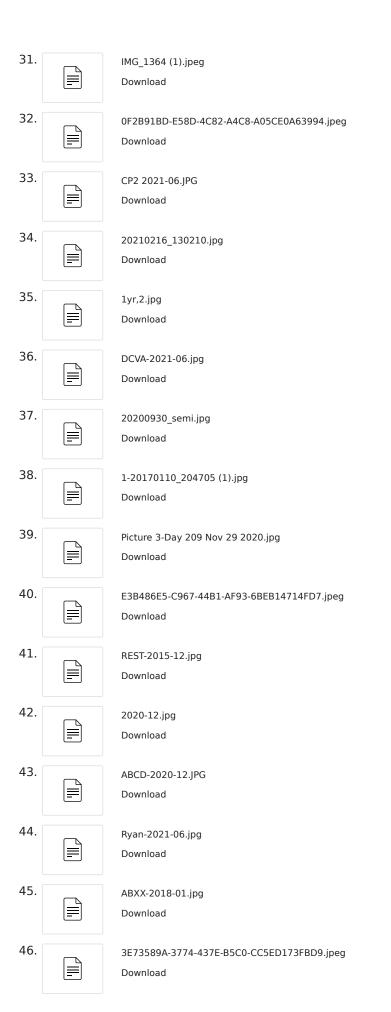
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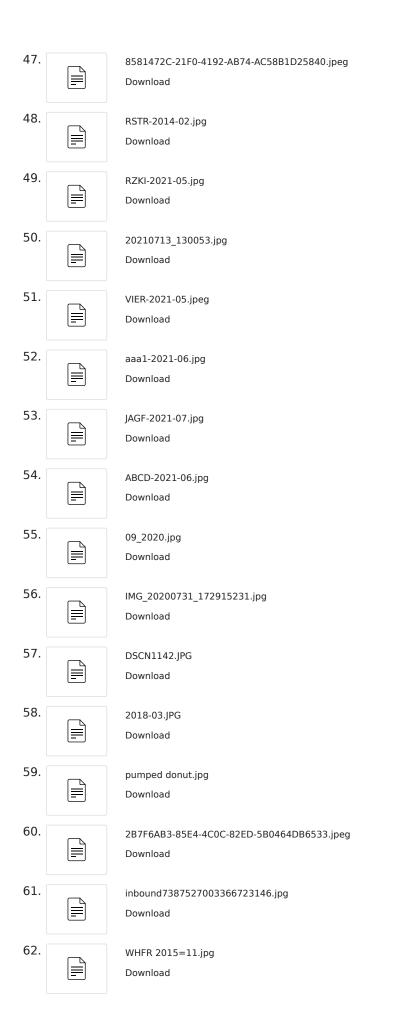
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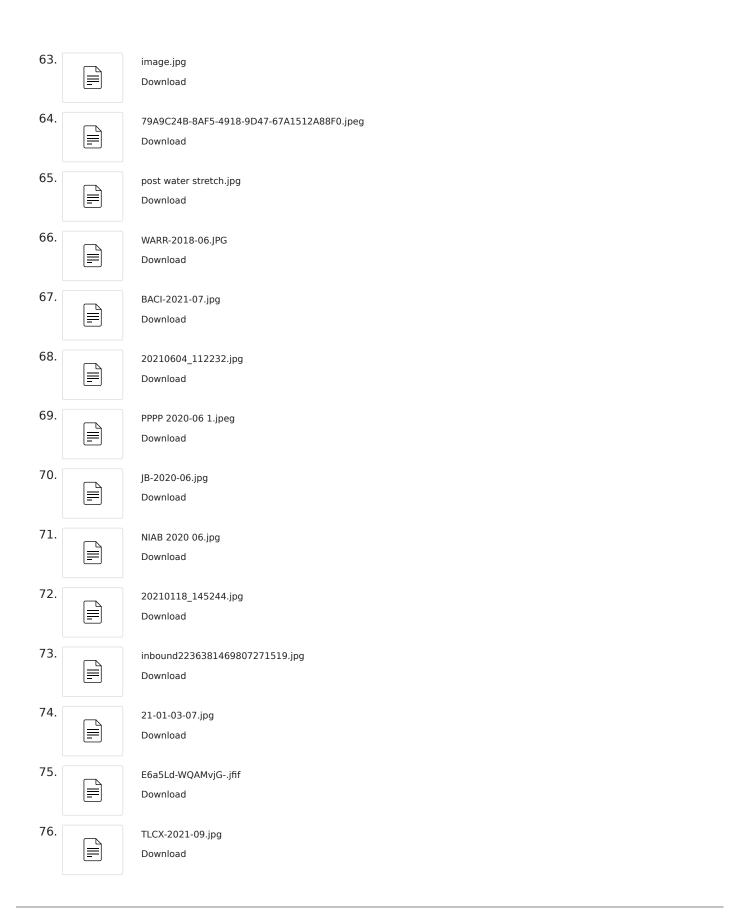


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Answered: 56 Skipped: 1734

1. PicturesP016.jpg Download 2. 998D72ED-5EE1-4CBF-B80D-68DB47B799B8.jpeg Download 3. AFTS-2021-01.jpg Download 4. M31.jpg Download 5. EPRE-2021-06.JPG Download 6. DFP2 202106..JPG Download 7. Erect Top 90 deg 2021-06-20.JPG Download 8. 4D38A636-DEF3-44D2-90C6-2C5A71D678BC.jpeg Download 9. download.png Download 10. 20210619\_100047.jpg Download 11. 4skin 28 .jpg Download 12. FF98596D-1CAB-461E-95FC-4DC3A1C93039.jpeg Download 13. hdpl-2021-06.jpg Download 14. 0EE0333D-927D-403B-BB58-2EA28BA39E35.jpeg

